ABRAMS ROBERT

Form 5

January 28, 2009

FORM 5

OMB APPROVAL

3235-0362

UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB Number: Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average burden hours per response... 1.0

See Instruction
1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
Reported

Form 4

30(h) of the Investment Company Act of 1940

Transactions Reported

Reminder: Report on a separate line for each class of

securities beneficially owned directly or indirectly.

1. Name and Address of Reporting Person * ABRAMS ROBERT		;	2. Issuer Name and Ticker or Trading Symbol STERLING BANCORP [STL]					5. Relationship of Reporting Person(s) to Issuer					
(Last)	(First) (· · · · · · · · · · · · · · · · · · ·	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2008			led	(Check all applicable) X Director 10% Owner						
	•						Officer (given by the control of	ther (specify					
650 FIFTH AVENUE, 4TH						below)	below)						
FLOOR													
	(Street)			. If Amendment, Date Original iled(Month/Day/Year)				6. Individual or Joint/Group Reporting					
			Thea(Monanday, Tear)				(check applicable line)						
NEW YOR	K Â NYÂ 10019												
NEW YORK, NY 10019						_X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person							
(City)	(State)	(Zip)	Tabl	e I - Non-Deri	ivative Sec	curitie	es Acqu	uired, Disposed	of, or Benefici	ally Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Transaction Date 2A. Deemed 3. 4. Securities Month/Day/Year) Execution Date, if any Code Disposed of (Month/Day/Year) (Instr. 8) (A contraction Date Acquired (A Disposed of (Instr. 3, 4 and (Instr. 3))		A. Securities Acquired (A) or Disposed of (D) Instr. 3, 4 and 5)		Securities Ownership I Beneficially Form: Direct I Owned at end (D) or		7. Nature of Indirect Beneficial Ownership (Instr. 4)					
					Amount	(A) or unt (D) Price		Fiscal Year (Instr. 4) (Instr. 3 and 4)					
Common	Â	Â		Â	Â	Â	Â	33,360	D	Â			
Stock	A	А		A	A	А	A	33,300	D	A			
Common Stock	Â	Â		Â	Â	Â	Â	700	I (1)	By Immediate Family			

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SEC 2270

(9-02)

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$\label{thm:convertible} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Number				7. Title and Amo Underlying Secur (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	An or Nu of Sha
Non-qualified Stock Options (right to buy)	\$ 21.93	Â	Â	Â	Â	Â	06/30/2005(2)	06/30/2009	Common Stock	4,
Non-qualified Stock Options (right to buy)	\$ 21.41	Â	Â	Â	Â	Â	07/30/2005(2)	07/30/2009	Common Stock	4,
Non-qualified Stock Options (right to buy)	\$ 20.34	Â	Â	Â	Â	Â	12/19/2005(3)	06/30/2010	Common Stock	4,
Non-qualified Stock Options (right to buy)	\$ 19.5	Â	Â	Â	Â	Â	06/30/2007(4)	06/30/2011	Common Stock	4,

Reporting Owners

Reporting Owner Name / Address	Relationships						
Fg	Director	10% Owner	Officer	Other			
ABRAMS ROBERT							
650 FIFTH AVENUE	ÂΧ	Â	Â	â			
4TH FLOOR	АЛ	Α	А	A			
NEW YORK, NY 10019							

Signatures

/s/ Abrams, Robert	02/12/2009			
**Signature of Reporting Person	Date			

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting person disclaims beneficial ownership of shares.
- (2) Transfer of shares acquired by exercise of non-qualified stock options is restricted to even installments over a four year period commencing on the first anniversary of the grant.
- On December 15, 2005 the Board of Directors voted to accelerate the vesting and exercisability of any outstanding unvested and (3) unexercisable non-qualified stock options held by non-employee directors, effective as of December 19, 2005; provided, however, that transfer of shares acquired by such exercise is restricted until the date that the option would have been exercisable prior to such change.
- (4) Non-employee directors were granted options for 4,753 shares of common stock pursuant to the final grant under an automatic grant of options adopted in 2002.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.