Powell Kendall J Form 4 December 29, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

Form 4 or

obligations

Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

may continue. See Instruction

1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

(Last)

1. Name and Address of Reporting Person * Powell Kendall J

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

(Middle)

GENERAL MILLS INC [GIS]

(Check all applicable)

GENERAL MILLS,

(Street)

(First)

INC., NUMBER ONE GENERAL MILLS BLVD.

3. Date of Earliest Transaction (Month/Day/Year)

X Director 10% Owner Other (specify _X__ Officer (give title below)

EXECUTIVE VICE PRESIDENT

4. If Amendment, Date Original

Applicable Line)

Filed(Month/Day/Year)

12/28/2006

X Form filed by One Reporting Person Form filed by More than One Reporting

6. Individual or Joint/Group Filing(Check

MINNEAPOLIS, MN 55426

(City)	(State) (Z	ip) Table	I - Non-De	rivative Se	ecuriti	es Acquii	ed, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securit or(A) or Dis (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
COMMON STOCK	12/28/2006		M	40,000	A	\$ 31.28	0	D	
COMMON STOCK	12/28/2006		S	100	D	\$ 58.28	0	D	
COMMON STOCK	12/28/2006		S	100	D	\$ 57.9	0	D	
COMMON STOCK	12/28/2006		S	200	D	\$ 58.26	0	D	
COMMON STOCK	12/28/2006		S	300	D	\$ 58.25	0	D	

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COMMON STOCK	12/28/2006	S	1,500	D	\$ 58.24	0	D
COMMON STOCK	12/28/2006	S	100	D	\$ 58.06	0	D
COMMON STOCK	12/28/2006	S	100	D	\$ 58.22	0	D
COMMON STOCK	12/28/2006	S	300	D	\$ 58.21	0	D
COMMON STOCK	12/28/2006	S	300	D	\$ 58.2	0	D
COMMON STOCK	12/28/2006	S	100	D	\$ 58.13	0	D
COMMON STOCK	12/28/2006	S	200	D	\$ 58.11	0	D
COMMON STOCK	12/28/2006	S	5,100	D	\$ 58.09	0	D
COMMON STOCK	12/28/2006	S	100	D	\$ 58.07	0	D
COMMON STOCK	12/28/2006	S	300	D	\$ 58.23	0	D
COMMON STOCK	12/28/2006	S	1,900	D	\$ 58.05	0	D
COMMON STOCK	12/28/2006	S	1,300	D	\$ 58.04	0	D
COMMON STOCK	12/28/2006	S	1,600	D	\$ 58.03	0	D
COMMON STOCK	12/28/2006	S	1,200	D	\$ 58.02	0	D
COMMON STOCK	12/28/2006	S	2,400	D	\$ 58.01	0	D
COMMON STOCK	12/28/2006	S	15,100	D	\$ 58	0	D
COMMON STOCK	12/28/2006	S	1,400	D	\$ 57.99	0	D
COMMON STOCK	12/28/2006	S	1,100	D	\$ 57.98	0	D
COMMON STOCK	12/28/2006	S	1,000	D	\$ 57.97	0	D
COMMON STOCK	12/28/2006	S	1,800	D	\$ 57.96	0	D
	12/28/2006	S	200	D		0	D

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COMMON STOCK					\$ 57.95		
COMMON STOCK	12/28/2006	S	100	D	\$ 57.94	0	D
COMMON STOCK	12/28/2006	S	1,400	D	\$ 57.93	0	D
COMMON STOCK	12/28/2006	S	500	D	\$ 57.92	0	D
COMMON STOCK	12/28/2006	S	100	D	\$ 57.91	0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		erivative Expiration Date eccurities (Month/Day/Year) cquired (A) Disposed of O) nstr. 3, 4,		7. Title and Am Underlying Sec (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shar
OPTION TO BUY	\$ 31.28	12/28/2006		M		40,000	12/09/2001	01/09/2007	COMMON STOCK	40,00

Reporting Owners

Reporting Owner Name / Address	Relationships							
· · · · · · · · · · · · · · · · · · ·	Director	10% Owner	Officer	Other				
Powell Kendall J								
GENERAL MILLS, INC.	v		EXECUTIVE VICE PRESIDENT					
NUMBER ONE GENERAL MILLS BLVD.	X		EXECUTIVE VICE PRESIDENT					
MINNEAPOLIS MN 55426								

Reporting Owners 3

Signatures

Trevor Gunderson by Power of Attorney on behalf of KENDALL POWELL

12/29/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Employee option (right to buy) granted by the Compensation Committee of Board of Directors of General Mills, Inc. under shareholder-approved stock option plans.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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