VistaGen Therapeutics, Inc. Form SC 13G/A July 01, 2016

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 SCHEDULE 13G/A Under the Securities Exchange Act of 1934 (Amendment No. 1)*

VISTAGEN THERAPEUTICS, INC.
(Name of Issuer)
Common Stock, par value \$0.001 per share
(Title of Class of Securities)
92840H202
(CUSIP Number)
June 24, 2016
(Date of Event Which Requires Filing of this Statement)
Check the appropriate box to designate the rule pursuant to which this Schedule is filed:
[] Rule 13d-1(b)
[x] Rule 13d-1(c)
[] Rule 13d-1(d)
*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to
the subject class of securities, and for any subsequent amendment containing information which would alter the
disclosures provided in a prior cover page.
The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of
Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the
Act but shall be subject to all other provisions of the Act (however, see the Notes).

(1) Names of Reporting Persons/ I.R.S. Identification Nos. of Above Persons (Entities Only)
Calm Seas Capital
261342718 (2) Check the Appropriate Box if a Member of a Group (See Instructions) (a) (b)
(3) SEC Use Only
(4) Citizenship or Place of Organization
Nevada (5) Sole Voting Power
Number of
O Shares (6) Shared Voting Power
Beneficially
Owned by 170,257 Each (7) Sole Dispositive Power
Reporting
Person 0 (8) Shared Dispositive Power With
Willi
170,257 (9) Aggregate Amount Beneficially Owned by Each Reporting Person
170,257 (10) Check if the Aggregate Amount in Row (9) Excludes Certain Shares []
(See Instructions) (11) Percent of Class Represented by Amount in Row (9)

2.14%

(12) Type of Reporting Person (See Instructions)
OO CUSIP No. 92840H202 (1) Names of Reporting Persons/ I.R.S. Identification Nos. of Above Persons (Entities Only)
Michael McCarthy
 (2) Check the Appropriate Box if a Member of a Group (See Instructions) (a) (b) (3) SEC Use Only
(4) Citizenship or Place of Organization
United States (5) Sole Voting Power
Number of 0 Shares (6) Shared Voting Power
Beneficially
Owned by 170,257 Each (7) Sole Dispositive Power
Reporting Person 0 (8) Shared Dispositive Rever
(8) Shared Dispositive Power With
170,257 (9) Aggregate Amount Beneficially Owned by Each Reporting Person
170,257 (10) Check if the Aggregate Amount in Row (9) Excludes Certain Shares []

3

(11)	(See Instructions) Percent of Class Represented by Amount in Row (9)
(12)	2.14% Type of Reporting Person (See Instructions)
	IN
Item	1.
	lame of Issuer
` '	TAGEN THERAPEUTICS, INC.
(b) A	Address of Issuer's Principal Executive Offices
	Allerton Avenue
South	h San Francisco, California, 94080
Item (a) N	2. Jame of Person Filing
Calm	n Seas Capital
	nael McCarthy
	Address of Principal Business Office or, if none, Residence
	Wedekind Rd. Suite 2
_	ks, NV 89431
	Citizenship ed States
	Citle of Class of Securities
	mon Stock, par value \$0.001 per share
	USIP Number
	0H202
Itom	3. If this statement is filed pursuant to §§240.13d-1(b) or 240.13d-2(b) or (c), check whether the person
	g is a:
(a)	
$\tilde{[}$	
	er or dealer registered under section 15 of the Act (15 U.S.C. 780);
(b)	
[]	
	as defined in section 3(a)(6) of the Act (15 U.S.C. 78c);
(c)	
[]	1.5° 1' 2()(10) 6.1 A ((15 H.C C 70)
	rance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c);
(d)	
[]	stment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C 80a-8);
(e)	siment company registered under section 6 of the investment company Act of 1740 (15 0.5.0 600-6),
[]	
	nvestment adviser in accordance with §240.13d-1(b)(1)(ii)(E);
(f)	

An employee benefit plan or endowment fund in accordance with §240.13d-1(b)(1)(ii)(F);
(\mathbf{g})
A parent holding company or control person in accordance with § 240.13d-1(b)(1)(ii)(G);
(h)
A savings associations as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);
(i)
A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investmen
Company Act of 1940 (15 U.S.C. 80a-3);
(j)
Group, in accordance with \$240.13d-1(b)(1)(ii)(I)

Item 4.

(a) Amount beneficially owned:

Calm Seas Capital beneficially owns 170,257 shares of the Issuer's common stock.

Mr. Michael McCarthy is the Managing Director of Calm Seas Capital and has voting and dispositive power over the securities described above.

(b) Percent of class:

2.14%. Based on 7,970,705 shares of the Issuer's common stock outstanding on June 22, 2016, as reported by VistaGen Therapeutics, Inc. in its Annual Report on Form 10-K for the year ended March 31, 2016.

- (c) Number of shares as to which the person has:
- (i) Sole power to vote or to direct the vote

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(ii) Shared power to vote or to direct the vote

170,257

(iii) Sole power to dispose or to direct the disposition of

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(iv) Shared power to dispose or to direct the disposition of

170,257

Item 5. Ownership of Five Percent or Less of a Class

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following [x]

Item 6. Ownership of More than Five Percent on Behalf of Another Person.

N/A

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on By the Parent Holding Company.

N/A

Item 8. Identification and Classification of Members of the Group.

N/A

Item 9. Notice of Dissolution of Group.

N/A

Item 10. Certification.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

SIGNATURES

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Date: July 1, 2016

Calm Seas Capital

By: /s/ Michael McCarthy

Name: Michael McCarthy Title: Managing Director