CAPSTEAD MORTGAGE CORP

Form 4 May 04, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

See Instruction

30(h) of the Investment Company Act of 1940 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * LOW PAUL M

2. Issuer Name and Ticker or Trading

Symbol

CAPSTEAD MORTGAGE CORP

(Check all applicable)

5. Relationship of Reporting Person(s) to

[CMO]

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

Officer (give title below)

Issuer

10% Owner Other (specify

8401 N. CENTRAL **EXPRESSWAY, SUITE 800**

(Street)

(State)

4. If Amendment, Date Original

Applicable Line)

X_ Director

X Form filed by One Reporting Person

D

I

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

04/30/2009

Form filed by More than One Reporting Person

DALLAS, TX 75225

(City)

Common

Common

Stock

(Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of 2. Transaction Date 2A. Deemed Security (Month/Day/Year) Execution Date, if (Instr. 3) (Month/Day/Year)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 3, 4 and 5) (Instr. 8)

5. Amount of Securities Beneficially Owned Following Reported

6. Ownership 7. Nature of Form: Direct Indirect (D) or Beneficial Indirect (I) Ownership (Instr. 4) (Instr. 4)

(A) or

(1)

Transaction(s) (Instr. 3 and 4)

Code V Amount (D) Price

\$0

36,205

04/30/2009 Stock

A

1,000

0

by Trust (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number one Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercis Expiration Dat (Month/Day/Y	e	7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shares
Nonqualified Director Stock Option (right to buy)	\$ 11.69	05/04/2009		A	5,000	04/15/2010	04/30/2019	Common Stock	5,00

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
LOW PAUL M 8401 N. CENTRAL EXPRESSWAY SUITE 800 DALLAS, TX 75225	X					

Signatures

By: Phillip A. Reinsch For: Paul 05/04/2009 M. Low

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Award of restricted shares to each non-employee director from the Amended and Restated 2004 Flexible Long-Term Incentive Plan as

 (1) part of the director's annual retainer. The award will vest in full on April 15, 2010 with the expectation that each director will retain all the shares.
- (2) The shares are held in a trust account for the benefit of the reporting person's granddaughter. The reporting person is co-trustee and has investment control over the trust.
- (3) Grant of stock options to non-employee directors from the Amended and Restated 2004 Flexible Long-Term Incentive Plan which vest in full on April 15, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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