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Biegler Jack Form 4 State State							
(Print or Type Responses)							
1. Name and Address of Reporting Biegler Jack	ame and Address of Reporting Person [*] gler Jack 2. Issuer Name and Ticker or Trading Symbol CAPSTEAD MORTGAGE CORP [CMO]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (8401 N. CENTRAL EXPRESSWAY, SUITE 80	(Month/ 02/15/	lle) 3. Date of Earliest Transaction (Month/Day/Year) 02/15/2008			X_ Director 10% Owner Officer (give title Other (specify below) below)		
(Street) DALLAS, TX 75225		nendment, Date Original onth/Day/Year)		 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 			
(City) (State)	(Zip) Tal	ble I - Non-Derivative S	Securities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)	e 2A. Deemed Execution Date, if any (Month/Day/Year)	n Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common 02/15/2008		Code V Amount	(D) Price	(Instr. 3 and 4)	D		
Stock 02/15/2008		M 10,000	A \$8.57	16,000	D		
Common 02/15/2008 Stock		M 5,000	A \$ 7.58	3 21,000	D		
Common 02/15/2008 Stock		F <u>(1)</u> V 2,500	D \$ 17.56	18,500	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
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(9-02)

1

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of between the formation of th		e	7. Title and Amoun Underlying Securit (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Nonqualified Director Stock Option (right to buy)	\$ 7.58	02/15/2008		М		5,000	04/24/2006	04/24/2016	Common Stock	5,0
Nonqualified Director Stock Option (right to buy)	\$ 8.57	02/15/2008		М		10,000	06/21/2005	06/21/2015	Common Stock	10,0

Reporting Owners

Reporting Owner Name / Address		Relationsh	nips	
	Director	10% Owner	Officer	Other
Biegler Jack 8401 N. CENTRAL EXPRESSWAY SUITE 800 DALLAS, TX 75225	Х			
Signatures				
By: Bethany L. Siggins For: Jack Biegler	()2/15/2008		
**Signature of Reporting Person		Date		
Evolution of Posto	nene			

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Previously owned common shares were delivered to partially satisfy the exercise price of the options.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.