#### **UFP TECHNOLOGIES INC**

Form 4

November 14, 2016

#### FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB APPROVAL** 

OMB 3235-0287 Number:

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Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Stevenson David K			2. Issuer Name and Ticker or Trading Symbol UFP TECHNOLOGIES INC [UFPT]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
			(Month/Day/Year)	X Director 10% Owner		
C/O UFP TECHNOLOGIES,			11/09/2016	Officer (give title Other (specif		
INC., 100 HALE STREET				below) below)		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
NEW PART NAME OF THE PART OF T			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
NEWBURYPORT, MA 01950				Person		

(City)	(State) (	Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	saction Date 2A. Deemed		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)  (A) or			Securities Form: Direct Beneficially (D) or Owned Indirect (I) Following (Instr. 4) Reported Transaction(s)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount		Price	(Instr. 3 and 4)		
Common Stock, \$.01 Par Value	11/09/2016		M	2,423	A	\$ 12.37	16,525	D	
Common Stock, \$.01 Par Value	11/09/2016		M	2,058	A	\$ 16.17	18,583	D	
Common Stock, \$.01 Par Value	11/09/2016		M	1,295	A	\$ 16.32	19,878	D	
Common Stock, \$.01	11/09/2016		M	1,227	A	\$ 19.08	21,105	D	

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Par Value						
Common Stock, \$.01 Par Value	11/09/2016	M	2,921	A	\$ 19.97 24,026	D
Common Stock, \$.01 Par Value	11/09/2016	F	6,514	D	\$ 25.5 17,512	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$ 

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 12.37	11/09/2016		M		2,423	06/04/2008	06/04/2018	Common Stock, \$.01 Par Value	2,423
Stock Option (Right to Buy)	\$ 16.17	11/09/2016		M		2,058	07/08/2011	07/08/2021	Common Stock, \$.01 Par Value	2,058
Stock Option (Right to Buy)	\$ 16.32	11/09/2016		M		1,295	06/14/2012	06/14/2022	Common Stock, \$.01 Par Value	1,295
Stock Option (Right to Buy)	\$ 19.08	11/09/2016		M		1,227	07/12/2013	07/12/2023	Common Stock, \$.01 Par Value	1,227
Stock Option	\$ 19.97	11/09/2016		M		2,921	07/10/2015	07/10/2025	Common Stock,	2,921

(Right to \$.01 Par Buy) Value

# **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Stevenson David K C/O UFP TECHNOLOGIES, INC. 100 HALE STREET NEWBURYPORT, MA 01950

X

## **Signatures**

Patrick J. Kinney, Jr. as attorney-in-fact for David K. Stevenson

11/14/2016

\*\*Signature of Reporting Person

Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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