ASHFORD HOSPITALITY TRUST INC Form 8-K March 30, 2016

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (date of earliest event reported): March 30, 2016

ASHFORD HOSPITALITY TRUST, INC. (Exact name of registrant as specified in its charter)

Maryland	001-31775	86-1062192
(State or other jurisdiction of	(Commission	(IRS employer
incorporation or organization)	File Number)	identification number)
14185 Dallas Parkway, Suite 1100		
Dallas, Texas		75254
(Address of principal executive offices)		(Zip code)

Registrant's telephone number, including area code (972) 490-9600

Check the appropriated box if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

"Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

"Soliciting material pursuant to Rule 14-a-12 under the Exchange Act (17 CFR 240.14a-12)

"Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

"Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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### ITEM 7.01 REGULATION FD DISCLOSURE

Ashford Hospitality Trust, Inc. will present a Powerpoint slideshow on March 30, 2016, to the investment community. The Powerpoint slideshow is attached hereto as Exhibit 99.1.

# ITEM 9.01 FINANCIAL STATEMENTS AND EXHIBITS

(d) Exhibits

Exhibit Number Description

99.1 Powerpoint slideshow presentation

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#### SIGNATURE

Pursuant to the requirements of Section 12 of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: March 30, 2016

ASHFORD HOSPITALITY TRUST, INC.

By: /s/ DAVID A. BROOKS David A. Brooks Chief Operating Officer and General Counsel