Maredia Amin N. Form 4 November 21, 2018

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB

3235-0287 Number: January 31,

2005 Estimated average

burden hours per response... 0.5

Expires:

5 Relationship of Reporting Person(s) to

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

2 Jaguar Nama and Tiakar or Tradina

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

per share

(Print or Type Responses)

1. Name and Address of Reporting Person *

Maredia Amin N.			2. Issu Symbol		nd Ticker or	Tradii		Issuer			
	Sprout	s Farmer	s Market,	Inc. [SFM]	(Check all applicable)					
(Last)	(First)	(Middle)	3. Date of Earliest Transaction					(0			
5455 EACT	гинси стрест	CHITE		Day/Year)				X Director X Officer (give ti		Owner (specify	
111	Г HIGH STREET	, SUITE	11/19/	2018				low)	below) ecutive Office		
	(Street)		4. If An	nendment, I	Date Origina	1	6.	Individual or Join	t/Group Filing	g(Check	
	Filed(M	onth/Day/Ye	ear)			Applicable Line) _X_ Form filed by One Reporting Person					
PHOENIX	, AZ 85054						_	_ Form filed by Morrison			
(City)	(State)	(Zip)									
(City)	(State)	(Zip)	Tal	ble I - Non			_	ed, Disposed of, o	or Beneficially	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemo Execution any (Month/Da	Date, if	3. Transaction Code (Instr. 8)	4. Securities on Disposed of (Instr. 3, 4	of (D)		5. Amount of Securities Beneficially Owned Following	Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)		
Common Stock, par value \$0.001 per share	11/19/2018			S <u>(1)</u>	100,213	D	\$ 27.5208	257,998	D		
Common Stock, par value \$0.001	11/19/2018			S <u>(1)</u>	65,000 (3)	D	\$ 27.5208 (2)	192,998 (4)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Edgar Filing: Maredia Amin N. - Form 4

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	ion G S () () () ()	onNumber 1		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pri Deriv Secur (Instr
				Code V	7 ((A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (right to buy)	\$ 39.01							<u>(5)</u>	03/04/2021	Common stock, par value \$0.001 per share	33,771	
Stock Option (right to buy)	\$ 34.33							<u>(5)</u>	03/11/2022	Common stock, par value \$0.001 per share	33,439	
Stock Option (right to buy)	\$ 20.98							<u>(5)</u>	08/11/2022	Common stock, par value \$0.001 per share	466,561	
Stock Option (right to buy)	\$ 24.48							<u>(5)</u>	08/11/2022	Common stock, par value \$0.001 per share	386,496	
Stock Option (right to buy)	\$ 28.21							<u>(6)</u>	03/04/2023	Common stock, par value \$0.001 per share	113,504	

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Maredia Amin N.
5455 EAST HIGH STREET
SUITE 111
PHOENIX, AZ 85054

Relationships

Chief Executive Officer

Signatures

/s/ Brandon F. Lombardi, Attorney-in-Fact for Amin N. Maredia

11/21/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person.
- The reported price in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.99 to \$27.74 per share, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- These shares of common stock were held by Amin Maredia Family Growth Fund, L.P., an entity established by the reporting person for estate planning purposes. The reporting person (i) may be deemed to have beneficial ownership of the shares owned of record thereby, and (ii) has shared voting and investment power with respect to such shares.
 - Includes 97,153 restricted shares and 95,845 performance share awards. Each restricted share and performance share award represents the right to receive, upon vesting, one share of common stock. 42,598 of such restricted shares will vest annually over two years on March 3,
- (4) 2019 and 2020, and the remaining 54,555 restricted shares will vest annually over three years, with one-third vesting on March 5, 2019; one-third vesting on March 5, 2020; and the remaining one-third vesting on March 5, 2021. The performance share awards will vest annually over two years on March 3, 2019 and 2020. All such vestings assume continued employment through such dates.
- (5) All such options are presently exercisable.
- (6) 75,670 options are presently exercisable; the remaining 37,834 options become exercisable on March 4, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3