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LEDSING Form 4 June 26, 20	ER CHARLES A	JR										
FORM A										OMB APPROVAL		
-	UNITED	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								r: 3235-0287		
if no lo subject Section Form 4 Form 5 obligati may co	to 16. or Filed pu ions Section 17	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(b) of the Investment Company Act of 1040							Estimat burden respons	ed average hours per		
(Print or Type	e Responses)											
1. Name and Address of Reporting Person <u>*</u> LEDSINGER CHARLES A JR			2. Issuer Name and Ticker or Trading Symbol CHOICE HOTELS INTERNATIONAL INC /DE [CHH]				C .	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) LUMBIA PIKE	(Middle)		of Earliest /Day/Year) /2006		on		Director X Officer (gi below)	ive title below EO & Presid)		
				4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
SILVER S	PRING, MD 209	01						Person	wore than or	le Reporting		
(City)	(State)	(Zip)	Та	ble I - Non	-Derivativ	ve Sec	urities Acc	quired, Disposed	of, or Benef	icially Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Da	Date, if		(Instr. 3,	(A) or	d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	06/21/2006	06/22/20	06	Code V A	Amount 889.2	(D) A	Price \$ 53.202	631,865.8	D			
Common Stock								2,872	I	401 (k) Plan		
Common Stock								2,654	Ι	Non-Qualified Plan		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title Amoun Underl Securit (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
Dama	utin a O		Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	s	Relationships							
	Director	10% Owner	Officer	Other					
LEDSINGER CHARLES A JI 10750 COLUMBIA PIKE SILVER SPRING, MD 20901	R		CEO & President						
Signatures									
Charles A. Ledsinger, Jr.	06/26/2006								

Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.