JONES TOMMIE Form 4 March 30, 2010

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or Expires: January 31, 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading JONES TOMMIE Issuer Symbol SIMMONS FIRST NATIONAL (Check all applicable) CORP [SFNC] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner __X__ Other (specify Officer (give title (Month/Day/Year) below) below) SIMMONS FIRST NATIONAL 03/22/2010 Retired CORP, 501 MAIN STREET (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

(Zin)

6. Individual or Joint/Group Filing(Chec Applicable Line)

X Form filed by One Reporting Person

__ Form filed by More than One Reporting

PINE BLUFF, AR 71611

(State)

(City)

(City)	(State)	Tal	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Own						lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securion(A) or Di (Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
SFNC	03/22/2010		S	4,420	D	\$ 27.25	9,099	D	
SFNC							5,171	D	
SFNC							40	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deriv Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Incentive Stock Option	\$ 28.42	05/31/2007		X	0	05/31/2008	05/31/2017	Common	240	\$ 2
Incentive Stock Option	\$ 28.42	05/31/2007		X	0	05/31/2009	05/31/2017	Common	240	\$ 2
Incentive Stock Option	\$ 28.42	05/31/2007		X	0	05/31/2010	05/31/2017	Common	240	\$ 2
Incentive Stock Option	\$ 28.42	05/31/2007		X	0	05/31/2011	05/31/2017	Common	240	\$ 2
Incentive Stock Option	\$ 28.42	05/31/2007		X	0	05/31/2012	05/31/2017	Common	240	\$ 2

Reporting Owners

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Director	10%	Officer	Other	
	Director	10%	Director Officer	

JONES TOMMIE SIMMONS FIRST NATIONAL CORP 501 MAIN STREET PINE BLUFF, AR 71611

Retired

Signatures

/s/ Tommie K. Jones by Piper P.
Erwin 03/30/2010

**Signature of Reporting Person Date

Reporting Owners 2

Deletionships

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.