STERLING BANCORP Form 8-K July 20, 2011	
UNITED STATES	
SECURITIES AND EXCHANGE COMMISSION	
Washington, DC 20549	
FORM 8-K	
CURRENT REPORT	
	12.4
Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 19	234
Date of Report (Date of earliest event reported) July 19, 2011	
C	
Commission File Number: 1-5273-1	
Sterling Bancorp	
(Exact name of Registrant as specified in its charter)	
,,	
New York (State of other jurisdiction	13-2565216 (IRS Employer
of incorporation)	Identification No.)
650 Fifth Avenue , New York, New York	10019-6108
(Address of principal executive offices)	(Zip Code)
(212) 757-3300	
(Registrant's telephone number, including area code)	

(Former name, former address and former fiscal year, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17CFR 240.13e-4(c)

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<u>ITEM 7.01</u>

REGULATION FD DISCLOSURE

On July 19, 2011, the Company issued a press release announcing a conference call to be held on July 26, 2011 at 10:00 am to discuss its financial results for the first quarter ended June 30, 2011. The press release is included as Exhibit 99.1.

ITEM 9.01

FINANCIAL STATEMENTS AND EXHIBITS

(d) Exhibits

99.1 Press release dated July 19, 2011 (furnished pursuant to Item 7.01).

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

DATE: July 20, 2011

BY: /s/ JOHN W. TIETJEN

JOHN W. TIETJEN

Executive Vice President
and Chief Financial Officer

EXHIBIT INDEX

Exhibit Number

99.1 Press Release dated July 19, 2011