Arlington Asset Investment Corp.

Form 8-K

July 31, 2014				
UNITED STATES				
SECURITIES AND EXCHANG	EE COMMISSION			
Washington, D.C. 20549				
FORM 8-K				
CURRENT REPORT				
CURRENT REPORT				
Pursuant to Section 13 or 15(d)	of the			
Securities Exchange Act of 1934				
Date of Report (date of earliest event reported): July 31, 2014				
ARLINGTON ASSET INVEST	MENT CORP.			
(Exact name of Registrant as spec	ified in its charter)			
Virginia (State or Other Jurisdiction	54-1873198	001-34374		
of Incorporation or Organization)	(I.R.S. Employer Identification No.)	(Commission File Number)		

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#### 1001 Nineteenth Street North

Arlington,	VA	22209

(Address of principal executive offices) (Zip code)

#### (703) 373-0200

(Registrant's telephone number including area code)

#### N/A

(Former name or former address, if changed from last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

"Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

"Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

"Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

"Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

#### Item 7.01

#### Regulation FD Disclosure.

Arlington Asset Investment Corp., a Virginia corporation (the "Company"), has posted an updated investor presentation to its website, *www.arlingtonasset.com*. A copy of the slide presentation is attached as Exhibit 99.1 hereto.

The information in Item 7.01 of this Current Report on Form 8-K, including Exhibit 99.1 furnished pursuant to Item 9.01, shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities under that Section. Furthermore, the information in Item 7.01 of this Current Report on Form 8-K, including Exhibit 99.1 furnished pursuant to Item 9.01, shall not be deemed to be incorporated by reference into the filings of the Company under the Securities Act of 1933, as amended.

Item 9.01.

**Financial Statements and Exhibits.** 

(d) Exhibits.

99.1 Investor presentation dated July 31, 2014 posted to the Company's website.

# **SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

# ARLINGTON ASSET INVESTMENT CORP.

Date: July 31, 2014 By: /s/ Kurt R. Harrington

Name: Kurt R. Harrington

**Executive Vice** 

Title: President, Chief

Financial Officer and Treasurer

# **EXHIBIT INDEX**

# **Exhibit No. Description**

99.1 Investor presentation dated July 31, 2014 posted to the Company's website.