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MVC CAPITAL, INC. Form 4 April 02, 2014 FORM 4 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).								OMB APPROVAL OMB 3235-0287 Number: January 31, 2005 Estimated average burden hours per response 0.5		
(Print or Type I	Responses)									
KNAPP ROBERT C Syn			2. Issuer Name and Ticker or Trading ymbol IVC CAPITAL, INC. [MVC]				5. Relationship of Reporting Person(s) to Issuer			
	CAPITAL, INC., 2						(Check all applicable) <u>X</u> Director <u>10%</u> Owner <u>Officer (give title</u> <u>Other (specify</u> <u>below)</u>			
(Street) 4. If Amendment Filed(Month/Day/				/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
PURCHASE, NY 10577 — Form filed by More than One Reporting Person									porung	
(City)	(State)	(Zip) Ta	ble I - Non-	Derivative	Securi	ities Acqu	iired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, in any (Month/Day/Year	Code) (Instr. 8)	4. Securit or(A) or Dis (Instr. 3, 4	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, \$.01 par value			Code V	7 mount		The	300,765.37	I	By Ironsides Holdings	
Common Stock, \$.01 par value	03/31/2014		Р	25,000	A	\$ 13.54	143,467	I	Footnote	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Under Secur	rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationships						
	Director	10% Owner	Officer	Othe				
KNAPP ROBERT C C/O MVC CAPITAL, INC. 287 BOWMAN AVE., 2ND PURCHASE, NY 10577	FLOOR	X						
Signatures								
/s/ Robert C.	04/02/2014	Ļ						

Knapp <u>**</u>Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Ironsides Holdings LLC is wholly-owned by the Reporting Person.

The shares are held by a separately managed account and a private fund. The Reporting Person is a Principal of the investment adviser of the separately managed account and a Principal of the general partner and the investment adviser of the private fund. The Reporting

(2) Person is also a limited partner in a fund that has an interest in the private fund. The investment adviser has sole voting and dispositive power over the reported securities. The Reporting Person disclaims beneficial ownership of the reported securities, except to the extent of his pecuniary interest therein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.