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CONGDOI Form 4 October 19													
FORM	M 4									OMB A	PPROVAL		
CURIVI 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									OMB Number:	3235-0287			
Check t if no lo subject Section Form 4 Form 5 obligati	to 16. or Filed pu										Expires:January 31, 2005Estimated average burden hours per response0.5		
may co <i>See</i> Inst 1(b). (Print or Type	truction			•		•	-	act of 194					
1. Name and CONGDO	Person <u>*</u>	2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
	(First) (DOMINION FRE C., 500 OLD DOM			/Day/Yea		ransaction	I		_X_ Director _X_ Officer (give below) Vice Chairman of Section	below)	her (specify Member of		
(Street) 4. If Amendment, Date Filed(Month/Day/Year)					-	al		vint/Group Filing(Check One Reporting Person Iore than One Reporting					
(City)	(State)	(Zip)	Tal	ble I - No	on-I	Derivative	e Seci	urities Acqu	Person iired, Disposed of,	or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Dat			I3.4. Securities Acquired (A)Date, ifTransactionor Disposed of (D)Code(Instr. 3, 4 and 5)					5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of rship Indirect Beneficial t (D) Ownership irect (Instr. 4)		
Common Stock	10/15/2010			S <u>(1)</u>		19,154	. ,	\$ 26.0081	1,679,472	I	As trustee of John R. Congdon Revocable Trust		
Common Stock									108,750	I	As trustee of John R. Congdon 2009 GRAT		

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Common Stock						210,937	I	of I Ear Cor	trustee 1998 1 E. ngdon nily ıst			
Common Stock						820,569	Ι	of t R. Con 201	trustee he John ngdon .0 AT			
Common Stock	10/18/20	10	S <u>(1)</u>	11	D \$ 26	1,679,461	Ι	of J Cor	trustee John R. ngdon vocable Ist			
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not information contained in this form are not information contained to respond unless the form displays a currently valid OMB control number. (9-02) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) (9-02)												
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date		4. Transacti Code	5. onNumber of	6. Date Exercisable a Expiration Date (Month/Day/Year) e	A U S	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr		
				Code V	(A) (D)	Date Expirat Exercisable Date	ion T	Amount or Title Number of Shares				
Repo	rting O	wners										
Rej	porting Owne	r Name / Address	Director	00% Owner X	Officer	Relationships	Other					

THOMASVILLE, NC 27360 Signatures

INC.

CONGDON JOHN R

500 OLD DOMINION WAY

/s/ Joel B. McCarty, Jr., by Power of Attorney

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, (1) 2010.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from

\$26.00 to \$26.17, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the (2)Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Remarks:

The reporting person may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other me

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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C/O OLD DOMINION FREIGHT LINE, Board

Vice Chairman of the group

Member of Section 13(d)

10/19/2010 Date