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CONGDON Form 4	I JEFFREY W											
October 15,	2010											
FORM			CECU	DITIEC	1 A TAT	DEV			OMMISSION		PPROVAL	
	UNITED	SIAIES		ashingto					UMMISSION	OMB Number:	3235-0287	
Check this box if no longer whigh to STATEMENT OF CH				IANGES IN BENEFICIAL OWNERSHIP						Expires:	January 31, 2005	
subject to Section 16.STATEMENT OF CHARGES IN DENETTERAL OWNERSHIP OF SECURITIESForm 4 or Form 5 obligations may continue.Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19401(b).30(h) of the Investment Company Act of 1940						1935 or Section	Estimated burden hou response	urs per				
(Print or Type	Responses)											
	Address of Reporting N JEFFREY W	Person <u>*</u>	Symbol	er Name a DOMIN				8	5. Relationship of Issuer	Reporting Per	rson(s) to	
				A [ODF		TILI	0111		(Check	c all applicabl	e)	
(Mor			(Month/	te of Earliest Transaction th/Day/Year) 3/2010					Director X 10% Owner Officer (give title X Other (specify below) Member of Section 13(d) group			
RICHMON	(Street) ND, VA 23237			endment, onth/Day/Y		Origin	al		6. Individual or Jo Applicable Line) Form filed by O _X_ Form filed by M Person	ne Reporting Po	erson	
(City)	(State)	(Zip)	Tał	ole I - Noi	n-Der	rivativo	e Secu	irities Acqu	ired, Disposed of	or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemo Execution any (Month/Da	ed Date, if	3. Transact Code	4. S tionor I (In	Securit Dispos astr. 3, 4	ties A died of	cquired (A) (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial	
Common Stock	10/13/2010			S <u>(1)</u>			D	\$	881,186 <u>(2)</u>	I	As trustee of Jeffrey W. Congdon Revocable Trust	
Common Stock	10/13/2010			S <u>(1)</u>	7,2	255	D	\$ 26.1118 (12)	757,618 <u>(3)</u>	I	As trustee of Susan C. Terry Revocable Trust	
	10/13/2010			S (1)	3.8	821	D		323,690 (4)	D		

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Common Stock					\$ 26.1118 (12)			
Common Stock	10/13/2010	S <u>(1)</u>	3,821	D	\$ 26.1118 (12)	323,942 <u>(5)</u>	D	
Common Stock	10/13/2010	S <u>(1)</u>	3,920	D	\$ 26.1118 (12)	296,405 <u>(6)</u>	D	
Common Stock	10/13/2010	S <u>(1)</u>	3,975	D	\$ 26.1118 (12)	300,328 <u>(7)</u>	D	
Common Stock	10/13/2010	S <u>(1)</u>	3,975	D	\$ 26.1118 (12)	300,326 <u>(8)</u>	D	
Common Stock	10/13/2010	S <u>(1)</u>	2,871	D	\$ 26.1118 (12)	319,164 <u>(9)</u>	D	
Common Stock	10/13/2010	S <u>(1)</u>	2,098	D	\$ 26.1118 (12)	314 , 884 (10)	D	
Common Stock	10/13/2010	S <u>(1)</u>	994	D	\$ 26.1118 (12)	317,088 (11)	D	
Common Stock						75,000 <u>(2)</u>	I	As trustee of the Jeffrey W. Congdon 2009 GRAT
Common Stock						37,500 <u>(2)</u>	Ι	As trustee of the Jeffrey W. Congdon 2010 GRAT #1
Common Stock						37,500 <u>(2)</u>	I	As trustee of the Jeffrey W. Congdon 2010 GRAT #2

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	4. Transac Code (Instr. 8)		Number Expiration Date		Secur	ınt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne
	Security			Acquired (A) or						Follo Repo
				Disposed						Trans
				of (D) (Instr. 3,						(Instr
				(insu: 5, 4, and 5)						
			Code N	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
Reporting Owner Mane / Martess	Director	10% Owner	Officer	Other		
CONGDON JEFFREY W 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group		
TERRY SUSAN C 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group		
John R. Congdon Trust for Peter Whitefield Congdon 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group		
John R. Congdon Trust for Michael Davis Congdon 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group		
John R Congdon Trust for Jeffrey Whitefield Congdon, Jr 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Sectin 13(d) group		
John R Congdon Trust for Mark Ross Congdon 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Sectin 13(d) group		
John R Congdon Trust for Mary Evelyn Congdon 7511 WHITEPINE ROAD		Х		Member of Section 13(d) group		

RICHMOND, VA 23237			
John R. Congdon Trust for Kathryn Lawson Terry 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х	Member of Section 13(d) group
John R Congdon Trust for Hunter Andrew Terry 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х	Member of Sectin 13(d) group
John R. Congdon Trust for Nathaniel Everett Terry 7511 WHITEPINE ROAD RICHMOND, VA 23237		X	Member of Section 13(d) group
Signatures			
/s/ Joel B. McCarty, Jr., by Power of Attorney	10/15/2010		
**Signature of Reporting Person	Date		
/s/ Joel B. McCarty, Jr., by Power of Attorney	10/15/2010		
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**Signature of Reporting Person	Date		
/s/ Joel B. McCarty, Jr., by Power of Attorney	10/15/2010		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.
- These securities are beneficially owned by Jeffrey W. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by Susan C. Terry, who may be deemed a member of a "group" for purposes of Section 13(d) of
 (3) the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Jeffrey Whitefield Congdon, Jr., which may be deemed a
 (4) member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Mark Ross Congdon, which may be deemed a member of a
 "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Peter Whitefield Congdon, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Michael Davis Congdon, which may be deemed a member of
 a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Mary Evelyn Congdon, which may be deemed a member of a
 "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- (9) "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Nathaniel Everett Terry, which may be deemed a member of a
 "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Hunter Andrew Terry, which may be deemed a member of a
 (11) "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from

(12) \$26.00 to \$26.32, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.