### Edgar Filing: CONGDON JOHN R - Form 4

CONGDO Form 4 September												
FOR	ЛЛ									OMB A	PPROVAL	
	UNITED	STATES							OMMISSION	OMB Number:	3235-0287	
Washington, D.C. 20549Check this box if no longer subject to Section 16.STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIESForm 4 or Form 5 obligations may continue. See Instruction 1(b).Statement of the Securities Exchange Act of 1934, 							Act of 1934, 1935 or Sectior	Expires:January 31, 2005Estimated average burden hours per response0.5				
(Print or Type	e Responses)											
	Address of Reporting N JOHN R	Person <u>*</u>	Symbol	DOMIN	NIC	nd Ticker o ON FREI L]			5. Relationship of Issuer (Check	Reporting Per		
(M				3. Date of Earliest Transaction (Month/Day/Year) 09/15/2010					_X_ Director _X_ 10% Owner _X_ Officer (give title _X_ Other (specify below) Vice Chairman of the Board / Member of Section 13(d) group			
THOMAS	(Street)	0	4. If An Filed(M			Date Origin ear)	al		6. Individual or Joi Applicable Line) Form filed by Ou _X_ Form filed by M Person	ne Reporting Pe	erson	
(City)	(State)	(Zip)	Tal	ble I - N	on	-Derivativ	e Secu		ired, Disposed of,	or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		ed Date, if	3. 4. Securities Acquired (A) if Transaction Disposed of (D) Code (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock	09/15/2010			S <u>(1)</u>		6,477	D	\$ 25.3404	1,795,036 (2)	I	As trustee of John R. Congdon Revocable Trust	
Common Stock	09/15/2010			S <u>(1)</u>		706	D	\$ 25.3404 (4)	2,869 <u>(2)</u>	Ι	As trustee of Natalie N. Congdon Revocable	

								Trust
Common Stock	09/15/2010	S <u>(1)</u>	706	D	\$ 25.3404 (4)	2,869 <u>(3)</u>	D	
Common Stock						108,750 <u>(2)</u>	I	As trustee of John R. Congdon 2009 GRAT
Common Stock						210,937 <u>(2)</u>	I	As trustee of 1998 Earl E. Congdon Family Trust
Common Stock						820,569 <u>(2)</u>	Ι	As trustee of the John R. Congdon 2010 GRAT
Common Stock	09/16/2010	S <u>(1)</u>	26,337	D	\$ 25.962 (5)	1,768,699 (2)	Ι	As trustee of John R. Congdon Revocable Trust
Common Stock	09/16/2010	S <u>(1)</u>	8,799	D	\$ 26.1053 ( <u>6)</u>	1,759,900 (2)	I	As trustee of John R. Congdon Revocable Trust
Common Stock	09/16/2010	S <u>(1)</u>	2,869	D	\$ 25.962 (5)	0 (2)	I	As trustee of Natalie N. Congdon Revocable Trust
Common Stock	09/16/2010	S <u>(1)</u>	2,869	D	\$ 25.962 (5)	0 (3)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

# **Reporting Owners**

	Relationships						
<b>Reporting Owner Name / Address</b>		10% Owner	Officer	Other			
CONGDON JOHN R C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360	Х	Х	Vice Chairman of the Board	Member of Section 13(d) group			
Natalie N Congdon Revocable Trust 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group			
Signatures							
/s/ Joel B. McCarty, Jr., by Power of Attorney		09/17/201	0				
<u>**</u> Signature of Reporting Person		Date					
/s/ Joel B. McCarty, Jr., by Power of Attorney		09/17/201	0				
**Signature of Reporting Person		Date					

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.

These securities are beneficially owned by John R. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) (2) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and

Exchange Commission on September 9, 2010.

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These securities are beneficially owned by the Natalie N. Congdon Revocable Trust, which may be deemed a member of a "group" for(3) purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$25.33 to \$25.41, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the

(4) Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$25.33 to \$26.20, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the

(5) Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.00 to \$26.20, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the

(6) Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.