## Edgar Filing: TRUCKSESS HERBERT A III - Form 4

TRUCKSESS Form 4 August 03, 20	S HERBERT A I	II									
Washington, D.C. 20549 Number:									3235-0287 January 31, 2005 Iverage		
(Print or Type R	esponses)										
1. Name and Address of Reporting Person *       2. Issuer         TRUCKSESS HERBERT A III       Symbol         SAIA IN					Ticker or T	Frading	5	5. Relationship of Reporting Person(s) to Issuer			
(Last) 11465 JOHN SUITE 400	(First) (M	liddle) XWAY,	3. Date of (Month/D 08/02/20	ay/Year		nsaction			(Chec. X_ Director Officer (give below)		Owner er (specify
(Street) 4. If Amer Filed(Mont					e Original			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
JOHNS CRE	EEK, GA 30097								Form filed by M Person	Iore than One Re	porting
(City)	(State)	(Zip)	Table	e I - No	n-De	erivative S	ecurit	ies Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any		Code	ictioi 8)	4. Securiti n(A) or Dis (Instr. 3, 4) Amount	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock	08/02/2010			S		10,000	D	\$ 15.1	316,982	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)				te	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pri Deriv Secu (Instr
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (Right to Buy)	\$ 23						02/03/2008	02/02/2012	Common Stock	9,840	
Stock Options (Right to Buy)	\$ 27.38						01/28/2009	01/27/2013	Common Stock	16,000	

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## **Reporting Owners**

 Reporting Owner Name / Address
 Relationship

 Director
 10% Owner
 Officer
 Other

 TRUCKSESS HERBERT A III
 11465 JOHNS CREEK PARKWAY, SUITE 400
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## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.