CAHILL T JACK Form 5

January 20, 2010

Check this box if

no longer subject

to Section 16.

5 obligations

may continue.

Form 4 or Form

FORM 5 UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Washington, D.C. 20549

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4 Transactions

Reported

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

1. Name and AcCAHILL T J	ddress of Reporting P JACK	Symbol	2. Issuer Name and Ticker or Trading Symbol KAMAN CORP [KAMN]				5. Relationship of Reporting Person(s) to Issuer			
(Last) C/O KAMA CORPORAT HILLS AVE	N ΓΙΟΝ, 1332 BLI	(Month/D 12/31/20		Fiscal Yea	ar Ende	-	Director _X_ Officer (givelow)		Owner or (specify	
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)			ć	6. Individual or Joint/Group Reporting (check applicable line)			
BLOOMFIE	ELD, CT 06002	2				_	_X_ Form Filed by Form Filed by Person	One Reporting P More than One R		
(City)	(State) (Z	Zip) Table	e I - Non-Deri	vative Sec	urities	Acqui	ired, Disposed o	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit Acquired Disposed (Instr. 3,	(A) or l of (D) 4 and 5 (A) or		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Kaman Common	Â	Â	Â	Â	Â	Â	34,581 (1)	D	Â	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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SEC 2270

(9-02)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Appreciation Rights (SAR)		Â	Â	Â	Â	Â	(2)	(2)	Kaman Common Stock	11,680
Stock Appreciation Rights (SAR)		Â	Â	Â	Â	Â	(2)	(2)	Kaman Common Stock	3,600
Stock Options (Right to Buy)	\$ 14.5	Â	Â	Â	Â	Â	(2)	(2)	Kaman Common Stock	7,000
Stock Options (Right to Buy)	\$ 16.3125	Â	Â	Â	Â	Â	(2)	(2)	Kaman Common Stock	1,800

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Reporting Owners

Reporting Owner Name / Address	Keiauonsnips						
	Director	10% Owner	Officer	Other			
CAHILL T JACK C/O KAMAN CORPORATION 1332 BLUE HILLS AVE BLOOMFIELD, CT 06002	Â	Â	Pres, Kaman Industrial Technol	Â			

Signatures

/s/ Candace A. Clark, Power of Attorney for Mr.
Cahill

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Does not include shares underlying stock options all of which are listed in Table II of this form.

Reporting Owners 2

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Exercisable at the rate of 20% per year, beginning one year after grant date; expires ten (10) years after grant. All options and stock appreciation rights are issued under the Corporation's 16b-3 qualified Stock Incentive Plan, including options issued under predecessor plan. The Plans include a feature which permits the exercise price for an option to be paid by withholding a portion of the shares otherwise issuable upon exercise.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.