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HELTON SANDRA L Form 4 December 11, 2002

FORM 4

_ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Filed By Romeo & Dye's Instant Form 4 Filer www.section16.net

 Name and Address of Reporting Person* Helton, Sandra L. 			2. Issuer Name and Ticker or Trading Symbol Principal Financial Group, Inc. (PFG)						Р	6. Relationship of Reporting Person(s) to Issuer (Check all applicable) <u>X</u> Director		
(Last) (First) (Middle)				of Reporting Person,				4. Statement for Month/Day/Year December 9, 2002				
(Street) Des Moines, IA 50392				able	L Nop D	anivati	Date (Mo	Amendment, e of Original nth/Day/Year) urities Acquired, D	(C <u>X</u> Pe R	Check Applical Form filed by erson Form filed by eporting Perso	One Reporting More than One	
Security	(State) (2. Trans- action Date (Month/ Day/ Year)	Zip) 2A. Deemed Execution Date, if any (Month/Day/ Year)	3. Trans	s- Code	4. Securitie (A) or Disj (Instr. 3, 4 Amount	es Acqu posed o	uired	5. Amount of Securities Beneficially Owned Follow- ing Reported Transactions(s) (Instr. 3 & 4)	nspose	6. Owner- ship Form:	7. Nature of Indirect Beneficial	
Common Stock	04/29/02		А	V	1,500	A				D		
Common Stock	12/09/02		A		13	А			1,513	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

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FORM 4 (continued) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(cigi, puis, cuis, warrands, options, conversion securities)											
1. Title of	2. Conver-	3.	3A.	4.	5.	6. Date Exercisable	7. Title and	8. Price of	9. Number of	10.	11. Nature
Derivative	sion or	Trans-	Deemed	Trans-	Number	and Expiration	Amount of	Derivative	Derivative	Owner-	of Indirect
Security	Exercise	action	Execution	action	of	Date	Underlying	Security	Securities	ship	Beneficial
	Price of	Date	Date,	Code	Derivati	(Melonth/Day/	Securities	(Instr. 5)	Beneficially	Form	Ownership
(Instr. 3)	Derivative		if any		Securitie	¥ear)	(Instr. 3 & 4)		Owned	of Deriv-	(Instr. 4)

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Day/ Da	ay/ 8) ear)	Acquired (A) or Disposed of (D) (Instr. 3, 4 & 5)					Reported Transaction(s) (Instr. 4)	ative Security: Direct (D) or Indirect (I) (Instr. 4)	
	Code V	(A) (D) I	Exer-cisable	Expira- T tion Date	or	mber			

Explanation of Responses:

By: /s/ Joyce N. Hoffman Attorney-in-Fact **Signature of Reporting Person

December 11, 2002 Date

**Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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