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TELEDYNE TECHNOLOGIES INC

Form 4

November 14, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

5. Relationship of Reporting Person(s) to

3235-0287

0.5

January 31, Expires: 2005

OMB APPROVAL

Estimated average burden hours per

response...

subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

if no longer

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

Common

Stock

11/11/2016

(Print or Type Responses)

1. Name and Address of Reporting Person *

Belak Cynthia Y			Symbol TELEDYNE TECHNOLOGIES INC [TDY]						Issuer (Check all applicable)			
(Last) (First) (Middle) 1039 CAMINO DOS RIOS			3. Date of Earliest Transaction (Month/Day/Year) 11/11/2016						Director 10% Owner Officer (give title Other (specify below) Vice President and Controller			
	Filed(Month/Day/Year)					1	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting					
THOUSAN	ND OAKS, CA 9	1360						Ī	erson	re than One Rej	oorting	
(City)	(State)	(Zip)	Tak	ole I - Non	-De	rivative	e Secu	ırities Acqu	ired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	11/11/2016			M	3,	,000	A	\$ 64.73	8,257.6394	D		
Common Stock	11/11/2016			S	2,	,100	D	\$ 116.853 (1)	5 6,157.6394	D		
Common Stock	11/11/2016			S	90	00	D	\$ 117.9679	5,257.6394	D		

(2)

117.9263

1.046 D

4,211.6394

(3)

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

S

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5. Number

6. Date Exercisable and

SEC 1474 (9-02)

7. Title and Amount

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transactic Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,	Expiration Date (Month/Day/Year)		Underlying Securitie (Instr. 3 and 4)	
				Code V	and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Share
Stock Option (right-to-buy)	\$ 64.73	11/11/2016		M	3,000	04/25/2013	04/25/2022	Common Stock	3,00

Reporting Owners

Reporting Owner Name / Address Relationships

3. Transaction Date 3A. Deemed

Director 10% Owner Officer Other

Belak Cynthia Y 1039 CAMINO DOS RIOS THOUSAND OAKS, CA 91360

Vice President and Controller

Signatures

1. Title of

Cynthia Y. 11/11/2016 Belak

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed in multiple trades at prices ranging from \$116.5100 to \$117.4400. The price reported above reflects the weighted average sales price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- This transaction was executed in multiple trades at prices ranging from \$117.5600 to \$118.3400. The price reported above reflects the weighted average sales price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- (3) Shares held directly include 110.5574 shares purchased under the Employee Stock Purchase Plan and 739.082 equivalent shares held in the Teledyne Technologies 401(k) Plan based on information received as of January 25, 2016. Also includes 605 shares held indirectly by

Reporting Owners 2

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the Belak Family Trust.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.