Edgar Filing: NAUTILUS, INC. - Form 4

Form 4	, INC.								
January 30, 2	2007								
FORM	14		GEGU	DIFIE					PPROVAL
	UNITED	STATES		RITIES A shington			COMMISSION	N OMB Number:	3235-0287
Check thi if no long	TOP.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHI							January 31, 2005
subject to Section 1 Form 4 o Form 5			SECUI	burden hou response	average Irs per				
obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a) of the	Public U	Itility Hol	ding Cor		nge Act of 1934, of 1935 or Section 940		
(Print or Type F	Responses)								
1. Name and A BOLIO WA	2. Issuer Name and Ticker or Trading Symbol NAUTILUS, INC. [NLS]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (I	Middle)	3. Date of	of Earliest T	ransaction		(Check all applicable)		
NAUTILUS NAUTILUS	(Month/Day/Year) 01/28/2007				Director 10% Owner X Officer (give title Other (specify below) below) Chief Administrative Officer				
VANCOUV	4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
							Person		
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned
	2. Transaction Date (Month/Day/Year)		Date, if	3. Transactic Code (Instr. 8) Code V	4. Securit mAcquired Disposed (Instr. 3, 4	(A) or of (D)	Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect
Damin I D		£ 1 - 1							
keminder: Kep	ort on a separate line	or each cl	ass of sec	urities bene	Perso inforn requir	ns who res nation cont red to resp nys a curre	or indirectly. spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amo
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Secu
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8	3)	Acquired or Dispose (D) (Instr. 3, 4 and 5)	ed of				
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	An or Nu of
Performance Unit	\$ 0	01/28/2007		А		2,100		<u>(1)</u>	(1)	Common Stock	2
Stock Option (Right to Buy)	\$ 16.1	01/28/2007		А		12,000		01/28/2008(2)	01/28/2014	Common Stock	12

Reporting Owners

Reporting Owner Name / Address	Relationships							
i o	Director	10% Owner	Officer	Other				
BOLIO WAYNE M NAUTILUS, INC. 16400 SE NAUTILUS DRIVE VANCOUVER, WA 98683			Chief Administrative Officer					
Signatures								
William D. Meadowcroft, by po attorney	wer of	C	01/30/2007					

Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The performance unit award shall entitle Mr. Bolio to receive 2,100 shares of Nautilus, Inc. common stock vesting annually over three years if the Company achieves the following annual earnings per share: $2007 $1.00\ 2008\ $1.25\ 2009 1.55 .

Date

(2) Options vest in four annual installments beginning 1/28/2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.