STERLING BANCORP

Form 5

January 04, 2007

FORM 5

OMB APPROVAL

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Washington, D.C. 20549

Expires: January 31, 2005
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to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Check this box if

no longer subject

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

burden hours per response... 1.0

Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4 Transactions

Transactions Reported

1. Name and Address of Reporting Person * CAPPELLI LOUIS J			2. Issuer Name and Ticker or Trading Symbol STERLING BANCORP [STL]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2007	(Check all applicable)		
650 FIFTH A	VENUE,Â	4TH		_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Chairman and CEO		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Reporting (check applicable line)		

NEW YORK, NYÂ 10019

Reminder: Report on a separate line for each class of

X Form Filed by One Reporting Person ___ Form Filed by More than One Reporting Person

(City)	(State) (Zip) Tabl	e I - Non-Deri	ivative Sec	urities A	Acqui	red, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit (A) or Dis (D) (Instr. 3, 4)	sposed of 4 and 5) (A) or	of	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	12/18/2006	Â	G	10,000	D :	\$ 0	602,890	D	Â
Common Stock	Â	Â	Â	Â	Â	Â	6,602	I	By IRA
Common Stock	Â	Â	Â	Â	Â	Â	711	I	Owned By Spouse (1)

securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		vative rities nired or osed O) r. 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitic (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amou Numb Share
Incentive Stock Options (right to buy)	\$ 6.48	Â	Â	Â	Â	Â	01/31/1998	01/31/2007	Common Stock	46,2
Non-qualified Stock Options (right to buy)	\$ 6.48	Â	Â	Â	Â	Â	01/31/1998	01/31/2007	Common Stock	18,0
Non-qualified Stock Options (right to buy)	\$ 10.34	Â	Â	Â	Â	Â	02/10/1999	02/10/2008	Common Stock	240,
Non-qualified Stock Options (right to buy)	\$ 8.69	Â	Â	Â	Â	Â	02/12/2000	02/12/2009	Common Stock	240,
Non-qualified Stock Options (right to buy)	\$ 6.94	Â	Â	Â	Â	Â	02/11/2001	02/11/2010	Common Stock	142,
Non-qualified Stock Options (right to buy)	\$ 14.6	Â	Â	Â	Â	Â	02/06/2003	02/06/2012	Common Stock	47,2

Reporting Owners

Reporting Owner Name / Address	Relationships						
F	Director	10% Owner	Officer	Other			
CAPPELLI LOUIS J 650 FIFTH AVENUE 4TH FLOOR NEW YORK, NY 10019	ÂX	Â	Chairman and CEO	Â			

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Signatures

/s/ Cappelli, Louis J 01/04/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Owned beneficially and of record by Virginia M. Cappelli, wife of Louis J. Cappelli. Louis J. Cappelli expressly declares that the filing of this Statement of Changes shall not be construed as an admission that he is, for the purpose of Section 16 of this Act, the beneficial owner of any of the securities in this note and he hereby disclaims any beneficial ownership of the securities by this note.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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