

INTEGRA LIFESCIENCES HOLDINGS CORP  
 Form 4  
 November 17, 2006

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL  
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**HENNEMAN JOHN B III**

2. Issuer Name and Ticker or Trading Symbol  
**INTEGRA LIFESCIENCES HOLDINGS CORP [IART]**

5. Relationship of Reporting Person(s) to Issuer  
 (Check all applicable)

(Last) (First) (Middle)  
**311 C ENTERPRISE DRIVE**  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
**11/15/2006**

\_\_\_\_ Director  
 Officer (give title below)  
 \_\_\_\_ 10% Owner  
 \_\_\_\_ Other (specify below)  
**Exec. VP and CAO**

**PLAINSBORO, NJ 08536**

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	11/15/2006		S	10,000 D	\$ 40.75 32,048	D	
Common Stock	11/15/2006		S	5,000 D	\$ 40.8 27,048	D	
Common Stock	11/15/2006		S	4,476 D	\$ 40.82 22,572	D	
Common Stock	11/16/2006		M	7,000 A	\$ 13.625 29,572	D	
Common Stock	11/16/2006		S	3,000 D	\$ 40.52 26,572	D	

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Common Stock	11/16/2006	S	4,000	D	\$ 40.5	22,572	D
Common Stock	11/16/2006	M	11,071	A	\$ 13.625	33,643	D
Common Stock	11/16/2006	S	2,000	D	\$ 40.5	31,643	D
Common Stock	11/16/2006	S	5,000	D	\$ 40.4	26,643	D
Common Stock	11/16/2006	S	1,170	D	\$ 40.65	25,473	D
Common Stock	11/16/2006	S	2,901	D	\$ 40.58	22,572	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)	Amount or Number of Shares
Incentive Stock Option (right to buy)	\$ 13.625	11/16/2006		M	7,000	<u>(1)</u> 12/30/2006	Common Stock	7,000
Non-Qualified Stock Option (right to buy)	\$ 13.625	11/16/2006		M	11,071	<u>(2)</u> 12/30/2006	Common Stock	11,071

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
HENNEMAN JOHN B III			Exec. VP and CAO	

311 C ENTERPRISE DRIVE  
PLAINSBORO, NJ 08536

## Signatures

/s/ Jeffrey Hellman,  
Attorney-in-Fact

11/17/2006

\*\*Signature of Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These options vested over time, with all options having fully vested on December 30, 2004.
- (2) These options vested over time, with all options having fully vested on December 30, 2003.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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