

RECKSON ASSOCIATES REALTY CORP
 Form 4
 December 20, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 RECHLER SCOTT H

(Last) (First) (Middle)

C/O RECKSON ASSOCIATES
 REALTY CORP., 625 RECKSON
 PLAZA

(Street)

UNIONDALE, NY 11556

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
 RECKSON ASSOCIATES
 REALTY CORP [RA]

3. Date of Earliest Transaction
 (Month/Day/Year)
 12/19/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)
 Director 10% Owner
 Officer (give title below) Other (specify below)
 Chief Executive Officer

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock ⁽¹⁾	12/19/2006		M	50,000	A \$ 27.041	458,187	D
Common Stock ⁽¹⁾	12/19/2006		S	1,200	D \$ 45.4	456,987	D
Common Stock ⁽¹⁾	12/19/2006		S	700	D \$ 45.41	456,287	D
Common Stock ⁽¹⁾	12/19/2006		S	1,550	D \$ 45.43	454,737	D
	12/19/2006		S	1,100	D \$ 45.44	453,637	D

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Common Stock <u>(1)</u>							
Common Stock <u>(1)</u>	12/19/2006	S	900	D	\$ 45.45	452,737	D
Common Stock <u>(1)</u>	12/19/2006	S	3,100	D	\$ 45.46	449,637	D
Common Stock <u>(1)</u>	12/19/2006	S	1,250	D	\$ 45.47	448,387	D
Common Stock <u>(1)</u>	12/19/2006	S	750	D	\$ 45.48	447,637	D
Common Stock <u>(1)</u>	12/19/2006	S	150	D	\$ 45.49	447,487	D
Common Stock <u>(1)</u>	12/19/2006	S	50	D	\$ 45.5	447,437	D
Common Stock <u>(1)</u>	12/19/2006	S	1,000	D	\$ 45.51	446,437	D
Common Stock <u>(1)</u>	12/19/2006	S	1,256	D	\$ 45.52	445,181	D
Common Stock <u>(1)</u>	12/19/2006	S	4,194	D	\$ 45.53	440,987	D
Common Stock <u>(1)</u>	12/19/2006	S	2,550	D	\$ 45.54	438,437	D
Common Stock <u>(1)</u>	12/19/2006	S	1,100	D	\$ 45.55	437,337	D
Common Stock <u>(1)</u>	12/19/2006	S	1,700	D	\$ 45.56	435,637	D
Common Stock <u>(1)</u>	12/19/2006	S	450	D	\$ 45.57	435,187	D
Common Stock <u>(1)</u>	12/19/2006	S	3,500	D	\$ 45.58	431,687	D
Common Stock <u>(1)</u>	12/19/2006	S	300	D	\$ 45.59	431,387	D
Common Stock <u>(1)</u>	12/19/2006	S	2,319	D	\$ 45.6	429,068	D
Common Stock <u>(1)</u>	12/19/2006	S	550	D	\$ 45.61	428,518	D
Common Stock <u>(1)</u>	12/19/2006	S	4,423	D	\$ 45.62	424,095	D
Common Stock <u>(1)</u>	12/19/2006	S	2,308	D	\$ 45.63	421,787	D
	12/19/2006	S	1,950	D	\$ 45.64	419,837	D

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Common Stock ⁽¹⁾							
Common Stock ⁽¹⁾	12/19/2006	S	600	D	\$ 45.65	419,237	D
Common Stock ⁽¹⁾	12/19/2006	S	1,000	D	\$ 45.67	418,237	D
Common Stock ⁽¹⁾	12/19/2006	S	850	D	\$ 45.68	417,387	D
Common Stock ⁽¹⁾	12/19/2006	S	1,200	D	\$ 45.69	416,187	D
Common Stock ⁽¹⁾	12/19/2006	S	500	D	\$ 45.7	415,687	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy) ⁽¹⁾	\$ 27.041	12/19/2006		M	50,000	11/04/1997 11/03/2007	Common Stock	50,000	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
RECHLER SCOTT H C/O RECKSON ASSOCIATES REALTY CORP. 625 RECKSON PLAZA	X		Chief Executive Officer	

UNIONDALE, NY 11556

Signatures

/s/ Scott H.

12/20/2006

Rechler

__Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 19, 2006, the registrant exercised employee stock options for an aggregate of 50,000 shares of common stock of Reckson Associates Realty Corp. (the "Company"), and subsequently sold such shares in the open market.
- (2) N/A

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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