NATIONAL HEALTH INVESTO Form 8-K November 19, 2013	ORS INC	
SECURITIES AND EXCHANGE Washington, D.C. 20549	COMMISSION	
FORM 8-K		
CURRENT REPORT Pursuant to Section 13 or 15(d) of Securities Exchange Act of 1934	the	
Date of Report (Date of earliest ev	vent reported): November 19, 2013	
NATIONAL HEALTH INVESTO (Exact name of registrant as speci		
Maryland (State or other jurisdiction of incorporation) 222 Robert Rose Drive Murfreesboro, Tennessee 37129 (Address of principal executive of	001-10822 (Commission File Number)	62-1470956 (IRS Employer Identification Number)
(615) 890-9100 (Registrant's telephone number, in	ncluding area code)	
Not applicable (Former name or former address,	f changed since last report)	
	of the Form 8-K filing is intended to sim owing provisions (see General Instruction	nultaneously satisfy the filing obligation of on A.2. below):
[] Written communications pu	rsuant to Rule 425 under the Securities A	Act (17 CFR 230.425)
[] Soliciting material pursuant	to Rule 14a-12 under the Exchange Act	t (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01. Regulation FD Disclosure.

On November 19, 2013, National Health Investors, Inc. (the "Company"), announced it has commenced an underwritten public offering of 4,500,000 shares of the Company's common stock. The underwriters are expected to be granted a 30-day option to purchase up to an additional 675,000 shares of the Company's common stock. A copy of the press release announcing the underwritten public offering is attached hereto as Exhibit 99.1. Item 9.01. Financial Statements and Exhibits.

(c) Exhibits.

Exhibit

Number Title

99.1 Press Release dated November 19, 2013.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

NATIONAL HEALTH INVESTORS, INC.

Date: November 19, 2013 By:/s/ J. Justin Hutchens

J. Justin Hutchens President and Chief Executive Officer

EXHIBIT INDEX

Exhibit No. Exhibit Description

99.1 Press Release dated November 19, 2013.