Edgar Filing: MCCABE ROBERT A JR - Form 4

MCCABE R	OBERT A JR										
Form 4											
July 11, 2006	5										
FORM		GEOU		OMB APPROVAL							
	UNITED	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								3235-0287	
Check thi if no long subject to Section 1 Form 4 o	ger STATEM 6.								Expires: January 31, 2005 Estimated average burden hours per response 0.5		
Form 5 obligation may cont <i>See</i> Instru 1(b). (Print or Type F	ns Section 17(a inue. action	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(I IIII OI I JPCI											
1. Name and Address of Reporting Person <u>*</u> MCCABE ROBERT A JR			2. Issuer Name and Ticker or Trading Symbol NATIONAL HEALTH				ng	5. Relationship of Reporting Person(s) to Issuer			
				TORS INC [NHI]				(Check all applicable)			
(Last)	. , .	Aiddle)	(Month/E	-				_X_Director10% Owner Officer (give titleOther (specify below) below)			
211 COMM 300	ERCE STREET,	SUITE	06/13/2	006							
	(Street)	eet) 4. If Amendr Filed(Month/I			dment, Date Original n/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
NASHVILL	le, TN 37201							Form filed by M Person			
(City)	(State)	(Zip)	Tabl	e I - Non-E	Derivative	Secur	ities Acq	uired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	ansaction Date 2A. Deemed thh/Day/Year) Execution Date, i any (Month/Day/Yea		Code (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Shares of Common	06/13/2006	06/16/2	006	Code V	Amount 15,000	or (D) D	Price \$	(Instr. 3 and 4)	D		
Stock	001012000	00/10/2		0	15,000	D	26.32	1,020	5		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 2. 3. Transaction Date 3A. Deemed 5. 6. Date Exercisable and 7. Title and Amount of 8. Pr 4. Derivative Conversion (Month/Day/Year) Execution Date, if TransactionNumber Expiration Date **Underlying Securities** Deri (Month/Day/Year) (Instr. 3 and 4) Security or Exercise any Code of Secu (Instr. 3) Price of (Month/Day/Year) (Instr. 8) (Inst Derivative Derivative Securities Security Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Amount Date Expiration or Title Exercisable Date Number Code V (A) (D) of Shares Option to Purchase Common \$26.78 05/03/2005 05/02/2010 15,000 Common Stock Stock

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Reporting Owners

Reporting Owne	Relationships					
		Director	10% Owner	Officer	Other	
MCCABE ROBERT 211 COMMERCE S NASHVILLE, TN 3	Х					
Signatures						
Robert A. McCabe, Jr.	07/10/2006					
<u>**</u> Signature of Reporting Person	Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.