

AMERICAN HEALTHWAYS INC  
Form 8-K  
December 22, 2005

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): December 22, 2005

**American Healthways, Inc.**

(Exact Name of Registrant as Specified in Charter)

Delaware

000-19364

62-1117144

(State or Other Jurisdiction of  
Incorporation)

(Commission File Number)

(I.R.S. Employer Identification No.)

3841 Green Hills Village Drive  
Nashville, Tennessee

37215

(Address of Principal Executive Offices)

(Zip Code)

(615) 665-1122

(Registrant's telephone number, including area code)

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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### Item 7.01 Regulation FD Disclosure.

On December 22, 2005, American Healthways, Inc. announced that it will participate in the 24th Annual JPMorgan Healthcare Conference in San Francisco, California on Monday, January 9, 2006 at 4:30 p.m. Eastern/1:30 p.m. Pacific. Ben R. Leedle, Jr., the Company's president and chief executive officer, will present at the conference. The presentation will be broadcast online and available for replay at [www.americanhealthways.com](http://www.americanhealthways.com). A copy of the press release issued on December 22, 2005 is attached hereto as Exhibit 99.1.

### Item 9.01 Financial Statements and Exhibits.

#### (c) Exhibits

Exhibit 99.1 Press Release.

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

American Healthways, Inc.

/s/ Mary A. Chaput

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Mary A. Chaput  
Chief Financial Officer

Date: December 22, 2005

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Exhibit Index

<b>Exhibit No.</b>	<b>Description</b>
99.1	Press Release dated December 22, 2005

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