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SULLIVAN Form 4 August 26, 2											
	_								OMB AI	PPROVAL	
FORM	UNITEL) STATES			AND EX(, D.C. 20:		NGE (COMMISSION	OMB Number:	3235-0287	
Check this box if no longer subject to Section 16. Form 4 or				IGES IN BENEFICIAL OWNERSHIP O SECURITIES					burden hou	Expires: January 31, 2005 Estimated average burden hours per response 0.5	
Form 5 obligation may cont <i>See</i> Instru 1(b).	inue. Section 17	(a) of the	Public Ut	ility Hol		ipany	Act of	e Act of 1934, f 1935 or Sectio 40			
(Print or Type R	Responses)										
SULLIVAN JOHN L III Symb			Symbol	. Issuer Name and Ticker or Trading mbol ASTERN CO [EML]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)		-	ransaction			(Chec	k all applicable	e)	
112 BRIDG	× ,	< <i>,</i>	(Month/D 08/25/20	ay/Year)				Director X Officer (give below) Vice H		o Owner er (specify O	
				. If Amendment, Date Original ïled(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
NAUGATU	CK, CT 06770							Form filed by M Person	Nore than One Re	eporting	
(City)	(State)	(Zip)	Table	e I - Non-l	Derivative S	Securi	ties Acc	quired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	r) Executio any	on Date, if	Code (Instr. 8)	4. Securi ion(A) or Di (D) (Instr. 3,	ispose	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial	
Common Stock (1)	08/25/2009			S	1,300	D	\$ 17.5	18,750	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non-qualified employee stock option (2)	\$ 10.17	12/15/1999		A	0	12/15/1999	12/15/2009	Common Stock	12,500
Qualified employee stock option (3)	\$ 9.5	07/19/2000		А	0	<u>(3)</u>	07/19/2010	Common Stock	30,000
Qualified employee stock option (4)	\$ 9.6	04/26/2001		А	0	<u>(4)</u>	04/26/2011	Common Stock	22,500

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Reporting Owners

Reporting Owner Name / Address	Relationships						
r. o	Director	10% Owner	Officer	Other			
SULLIVAN JOHN L III 112 BRIDGE STREET NAUGATUCK, CT 06770			Vice President & CFO				

Signatures

**Signature of

Reporting Person

/s/ John L. 08/26/2009 Sullivan III

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On August 25, 2009, 1,300 shares sold on the open market for \$17.50 per share.
- Original 12/15/1999 option was for 10,000 shares at \$15.25 per share. As a result of a 3-for-2 stock split effective 10/18/2006 this option
 (2) is now for 15,000 shares at \$10.17 per share. On July 6, 2009, 2,500 shares were exercised at \$10.17 per share leaving a balance of 12,500 shares.

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Original 7/19/2000 option was for 20,000 shares at \$14.25 per share. 4,810 shares were vested on 1/1/2001; 7,017 shares were vested on 1/1/2002; 7,017 shares were vested on 1/1/2003, and the remaining 1,156 shares were vested on 1/1/2004. As a result of a 3-for-2 stock split effective 10/18/2006 this option is now for 30,000 shares at \$9.50 per share.

Original 4/26/2001 option was for 15,000 shares at \$14.40 per share. 5,800 shares were vested on 1/1/2004; 6,944 shares were vested on 1/1/2005, and the remaining 2,256 shares were vested on 1/1/2006. As a result of a 3-for-2 stock split effective 10/18/2006 this option is now for 22,500 shares at \$9.60 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.