HOLLAND JOHN J

Form 4 May 03, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

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January 31, Expires: 2005

OMB APPROVAL

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Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * HOLLAND JOHN J			2. Issuer Name and Ticker or Trading Symbol SAIA INC [SAIA]				5. Relation Issuer	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction								
			(Month/Da	ay/Year)			Dire		0% Owner		
11465 JOHNS CREEK PARKWAY, SUITE 400			05/01/2018				below)	cer (give titleO below)	ther (specify		
	(Street)		4. If Amendment, Date Original				6. Individu	6. Individual or Joint/Group Filing(Check			
IOHNG CD	Filed(Month/Day/Year)				_X_ Form f	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting					
JOHNS CK	EEK, GA 30097	/					Person	•			
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	ecurities	Acquired, Disp	osed of, or Benefici	ally Owned		
1.Title of Security (Instr. 3)	2. Transaction De (Month/Day/Yea	r) Execution	emed on Date, if Day/Year)	3. Transactic Code (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3,	(A) or of (D)	5. Amount Securities Beneficially Owned Following Reported Transaction (Instr. 3 and	Form: Direct y (D) or Indirect (I) (Instr. 4)			
Common Stock							1,027.5	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number out of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	e Expiration I (Month/Day	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
			Code V	(A) (D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(1)</u>	05/01/2018	A	1,363	<u>(1)</u>	<u>(1)</u>	Common Stock	1,363	\$

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

HOLLAND JOHN J 11465 JOHNS CREEK PARKWAY, SUITE 400 JOHNS CREEK, GA 30097

Signatures

/s/ Stephanie R.
Maschmeier 05/03/2018

**Signature of Reporting Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares of phantom stock become payable in the Company's common stock upon reporting person's termination of service as a Director.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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