CHISTE JOHN F Form 4

FORM 4

May 17, 2010

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB Number: 3235-0287

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * CHISTE JOHN F			2. Issuer Name and Ticker or Trading Symbol FORWARD INDUSTRIES INC [FORD]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 1801 GREEN ROAD, SUITE E			3. Date of Earliest Transaction (Month/Day/Year) 05/13/2010				_X_ Director 10% Owner Officer (give title below) Other (specify below)				
			endment, Date Original nth/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
									Person		
(City)	(State)	(Zip)	Table	e I - Non-I	Deri	ivative S	ecurit	ies Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	r) Executi any	emed on Date, if /Day/Year)	Code (Instr. 3, 4 and 5)			of (D)	Owned Indirect (I) Owners Following (Instr. 4) (Instr. 4			
Forward				Code V	7 A	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Industries Common Stock	05/13/2010			M	1	10,000	A	\$ 1.8	10,000	D	
Forward Industries Common Stock	05/13/2010			M	1	10,000	A	\$ 2.2	20,000	D	
Forward Industries Common Stock	05/13/2010			S	2	20,000	D	\$ 4.51 (1)	0	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Forward Industries Common Stock Options	\$ 1.8	05/13/2010		M		10,000	02/11/2010	02/11/2019	Forward Industries Common Stock	10,000
Forward Industries Common Stock Options	\$ 2.2	05/13/2010		M		10,000	02/14/2009	02/14/2018	Forward Industries Common Stock	10,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
CHISTE JOHN F 1801 GREEN ROAD SUITE E POMPANO BEACH, FL 33064	X						
Signatures							

James McKenna by Power of Attorney 05/17/2010

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- 7,500 shares sold at \$4.5301 per share for \$33,975.75 2,500 shares sold at \$4.45 per share for \$11,125.00 2,500 shares sold at \$4.5148 per (1) share for \$11,287.00 2,500 shares sold at \$4.456 per share for \$11,140.00 5,000 shares sold at \$4.500 per share for \$22,605.00 Total
- (1) share for \$11,287.00 2,500 shares sold at \$4.456 per share for \$11,140.00 5,000 shares sold at \$4.539 per share for \$22,695.00 Total = 20,000 shares sold for a total of \$90,222.75

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.