CVR ENERGY INC

Form 4

December 31, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * SWANBERG CHRISTOPHER G

> (First) (Middle)

C/O CVR ENERGY, INC., 2277 PLAZA DRIVE, SUITE 500

(Street)

2. Issuer Name and Ticker or Trading Symbol

CVR ENERGY INC [CVI]

3. Date of Earliest Transaction (Month/Day/Year) 12/28/2013

4. If Amendment, Date Original Filed(Month/Day/Year)

OMB

Number:

Expires:

response...

Estimated average

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OMB APPROVAL

3235-0287

January 31,

2005

0.5

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner Other (specify _X__ Officer (give title below) VP, Env., Health & Safety

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting Person

SUGAR LAND, TX 77479

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired ction(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			
Common Stock	12/28/2013(1)		M	2,797	A	\$ 42.64	2,797	D		
Common Stock	12/28/2013(1)		D	2,797	D	\$ 42.64	0	D		
Common Stock	12/30/2013(1)		M	7,319	A	\$ 30	7,319	D		
Common Stock	12/30/2013(1)		D	7,319	D	\$ 30	0	D		
Common Stock	12/31/2013(1)		M	4,644	A	\$ 30	4,644	D		

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Common Stock

12/31/2013(1)

D 4,644 D

\$ 30 0

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Units	(1)	12/28/2013		M	2,797	12/28/2013	12/28/2013	Common Stock	2,797
Restricted Stock Units	(1)	12/30/2013		M	7,319	12/30/2013	12/30/2013	Common Stock	7,319
Restricted Stock Units	(1)	12/31/2013		M	4,644	12/31/2013	12/31/2013	Common Stock	4,644

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

SWANBERG CHRISTOPHER G C/O CVR ENERGY, INC. 2277 PLAZA DRIVE, SUITE 500 SUGAR LAND, TX 77479

VP, Env., Health & Safety

Signatures

/s/ Edmund S. Gross, Attorney-in-fact

12/31/2013

2 Reporting Owners

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction represents the settlement of vested Restricted Stock Units in cash by the company.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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