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MVC CAPIT Form 4 May 16, 2006									
FORM Check this	4 UNITED S		CCURITIES AND EXCHANGE COM Washington, D.C. 20549				OMB Number:	PPROVAL 3235-0287 January 31,	
if no longe subject to Section 16 Form 4 or Form 5 obligation may contin <i>See</i> Instruct	5. Filed purs s Section 17(a	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(k) of the Investment Company Act of 1940						Expires: 2005 Estimated average burden hours per response 0.5	
1(b). (Print or Type Re	esponses)								
1. Name and Ac CANNELL J	Symbol	2. Issuer Name and Ticker or Trading Symbol MVC CAPITAL, INC. [MVC]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) 150 CALIFC FL	(First) (M ORNIA STREET	(Month/D	-	nsaction		Director X 10% Owner Officer (give title Other (specify below)			
	(Street)		ndment, Dat h/Day/Year)	e Original		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
SAN FRANC	CISCO, CA 9411	1				Form filed by M Person	More than One Ro	eporting	
(City)	(State) (2	Zip) Tabl	e I - Non-De	erivative S	ecurities Ac	quired, Disposed o	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	Disposed (Instr. 3, 4	(A) or of (D) 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock			Code V	Amount	(D) Price	1,608,000	Ι	Through one or more funds	
Reminder: Repo	ort on a separate line f	or each class of secu	rities benefic	cially owne	d directly or	indirectly.			

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Titl Deriv Secur (Instr.	ative ity	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. 6. Date Exercisable and ionNumber Expiration Date of (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		Date	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address		Relationships						
		Director	10% Owner	Officer	Other			
CANNELL J CARLO 150 CALIFORNIA STREE SAN FRANCISCO, CA 94		Х						
Signatures								
J. Carlo Cannell	05/16/2006							
**Signature of	Date							

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v). *
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

Reporting Person

This is a filing by J. Carlo Cannell ("Cannell"). Mr. Cannell has sole voting and investment control over all securities owned l

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.