

Owen Steven K
 Form 4
 February 13, 2019

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Owen Steven K

2. Issuer Name and Ticker or Trading Symbol
 CONTINENTAL RESOURCES, INC [CLR]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
 P.O. BOX 268836, 20 N. BROADWAY
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 08/04/2017

___ Director ___ 10% Owner
 Officer (give title below) ___ Other (specify below)
 SVP, Land

OKLAHOMA CITY, OK 73126

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock	08/04/2017		W	(A) or (D) 1,500 (1)	\$ 0 107,145 (2)	D	
Common Stock	08/04/2017		G	(A) or (D) 1,500 (1)	\$ 0 105,645 (2)	D	
Common Stock	08/04/2017		G	(A) or (D) 1,500 (1)	\$ 0 1,500 (2)	I	Held jointly with spouse (1)
Common Stock	02/11/2019		A	(A) or (D) 26,311	\$ 0 129,188 (3)	D	

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- Includes 35,474 shares of restricted common stock which vest on February 15, 2019; 23,301 shares of restricted common stock which
- (3) vest on February 15, 2020; 23,590 shares of restricted common stock which vest on February 15, 2021; and 26,311 shares of restricted common stock which vest on February 15, 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.