

ARC DOCUMENT SOLUTIONS, INC.
Form 4
March 19, 2014

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Roy Rahul K

2. Issuer Name and Ticker or Trading Symbol
ARC DOCUMENT SOLUTIONS, INC. [ARC]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
03/17/2014

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Chief Technology Officer

C/O ARC DOCUMENT SOLUTIONS, INC., 1981 N. BROADWAY, SUITE 385

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

WALNUT CREEK, CA 94596

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock					43,253	D	
Common Stock	03/17/2014		M	900 A	\$ 5.852	44,153	D
Common Stock	03/17/2014		S	900 D	\$ 7.3	43,253	D
Common Stock	03/17/2014		M	100 A	\$ 5.852	43,353	D
	03/17/2014		S	100 D	\$ 7.31	43,253	D

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Common Stock							
Common Stock	03/17/2014	M	1,100	A	\$ 5.852	44,353	D
Common Stock	03/17/2014	S	1,100	D	\$ 7.34	43,253	D
Common Stock	03/17/2014	M	200	A	\$ 5.852	43,453	D
Common Stock	03/17/2014	S	200	D	\$ 7.35	43,253	D
Common Stock	03/18/2014	M	400	A	\$ 5.852	43,653	D
Common Stock	03/18/2014	S	400	D	\$ 7.16	43,253	D
Common Stock	03/18/2014	M	100	A	\$ 5.852	43,353	D
Common Stock	03/18/2014	S	100	D	\$ 7.165	43,253	D
Common Stock	03/18/2014	M	300	A	\$ 5.852	43,553	D
Common Stock	03/18/2014	S	300	D	\$ 7.17	43,253	D
Common Stock	03/18/2014	M	749	A	\$ 5.852	44,002	D
Common Stock	03/18/2014	S	749	D	\$ 7.18	43,253	D
Common Stock	03/18/2014	M	100	A	\$ 5.852	43,353	D
Common Stock	03/18/2014	S	100	D	\$ 7.185	43,253	D
Common Stock	03/18/2014	M	200	A	\$ 5.852	43,453	D
Common Stock	03/18/2014	S	200	D	\$ 7.19	43,253	D
Common Stock	03/18/2014	M	100	A	\$ 5.852	43,353	D
Common Stock	03/18/2014	S	100	D	\$ 7.2	43,253	D
Common Stock	03/18/2014	M	500	A	\$ 5.852	43,753	D
	03/18/2014	S	500	D	\$ 7.21	43,253	D

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Common Stock							
Common Stock	03/18/2014		M	200	A	\$ 5.852	43,453 D
Common Stock	03/18/2014		S	200	D	\$ 7.215	43,253 D
Common Stock	03/18/2014		M	665	A	\$ 5.852	43,918 D
Common Stock	03/18/2014		S	665	D	\$ 7.22	43,253 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	
Stock Option (right to buy)	\$ 5.852	03/17/2014		X	900	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	900
Stock Option (right to buy)	\$ 5.852	03/17/2014		X	100	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	100
Stock Option (right to buy)	\$ 5.852	03/17/2014		X	1,100	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	1,100
Stock Option	\$ 5.852	03/17/2014		X	200	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	200

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(right to buy)									
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	400	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	400	
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	100	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	100	
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	300	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	300	
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	749	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	749	
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	100	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	100	
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	200	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	200	
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	100	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	100	
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	500	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	500	
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	200	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	200	
Stock Option (right to buy)	\$ 5.852	03/18/2014	X	665	05/01/2010 ⁽¹⁾	05/30/2014	Common Stock	665	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Roy Rahul K C/O ARC DOCUMENT SOLUTIONS, INC. 1981 N. BROADWAY, SUITE 385 WALNUT CREEK, CA 94596			Chief Technology Officer	

Signatures

/s/ Rahul K. Roy 03/19/2014

__Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Exercise of Stock Option Right to Buy, granted May 30, 2004, fully vested as of 5/01/2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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