GAIAM, INC Form 4 July 02, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

GAIAM, INC [GAIA]

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

Symbol

See Instruction

1. Name and Address of Reporting Person *

1(b).

(Print or Type Responses)

Sutherland Paul Howard

/ *	(First)	(Middle)						(Check an applicable)				
(Last)	3. Date of Earliest Transaction											
	(Month/D	(Month/Day/Year)						10	10% Owner			
833 WEST SOUTH BOULDER			06/30/20	06/30/2013						Officer (give title Other (sp		
ROAD			00,00,2	00/30/2013					below) below)			
KOND												
	4. If Ame	4. If Amendment, Date Original						6. Individual or Joint/Group Filing(Check				
	Filed(Mon	Filed(Month/Day/Year)					Applicable Line)					
· · ·							_X_ Form filed by One Reporting Person					
LOUISVILLE, CO 80027								Form filed by More than One Reporting				
LOCISVIL	LL, CO 00027								Person			
(City)	(State)	(Zip)	7 5.1.1	T NT	ъ.					e D e		
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of	2. Transaction I	Date 2A. Dee	emed	3.		4. Securi	ties		5. Amount of	6. Ownership	7. Nature of	
			on Date, if	TransactionAcquired (A) or			or	Securities	Form: Direct	Indirect		
(Instr. 3)	(any	,	Code	* * *				Beneficially	(D) or	Beneficial	
()		-	/Day/Year)	(Instr. 8	3)	(Instr. 3,	-		Owned	Indirect (I)	Ownership	
		(1,1011111	2 aj, 1 cai,	(1115111)	,	(1115011.0)		,	Following	(Instr. 4)	(Instr. 4)	
						(A)			Reported	(Instr. 1)	(IIIstr. 1)	
									Transaction(s)			
							or		(Instr. 3 and 4)			
				Code	V	Amount	(D)	Price	(msu. 3 and 4)			
Class A												
Common	06/30/2013			Α		2,242	Α	<u>(1)</u>	16,319	D		
	00/30/2013			11		2,272	11	<u>\</u>	10,517	D		
Stock												
Class A												
									5 000	I (2)	By	
Common									5,900	I (2)	FIMgroup	
Stock											1 11.1810 up	
Class A											By	
									4.000	T (2)	•	
Common									4,000	I (2)	FIMgroup	
Stock											401(k) Plan	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title a	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orNumber	Expiration D	ate	Amount	of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ing	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securitie	es	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	and 4)		Own
	Security				Acquired						Follo
	·				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									mount		
						Date	Expiration	01			
						Exercisable	Date		umber		
								of			
				Code V	(A) (D)			S	hares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

Sutherland Paul Howard 833 WEST SOUTH BOULDER ROAD X LOUISVILLE, CO 80027

Signatures

/s/ Pamela S. Brown Attorney-in-Fact for Paul H. 07/02/2013 Sutherland

> **Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Issued in consideration for director services.

The reporting person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the (2) inclusion of these securities in this report shall not be deemed an admission of beneficial ownership of all of the reported securities for purposes of Section 16 or for any other purpose.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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