

Carr Gwenn L
 Form 3
 March 10, 2009

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Â Carr Gwenn L		(Month/Day/Year)	METLIFE INC [MET]	
(Last)	(First)	(Middle)	4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
		03/02/2009		
200 PARK AVENUE			(Check all applicable)	6. Individual or Joint/Group Filing(Check Applicable Line)
	(Street)		<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner	<input checked="" type="checkbox"/> Form filed by One Reporting Person
NEW YORK,Â NYÂ 10166			<input checked="" type="checkbox"/> Officer <input type="checkbox"/> Other	<input type="checkbox"/> Form filed by More than One Reporting Person
(City)	(State)	(Zip)	(give title below) (specify below)	
			SVP & Secretary	

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	25,773 ⁽¹⁾	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of	

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				Shares		(I) (Instr. 5)	
Employee Stock Option (right to buy)	Â (2)	02/17/2013	Common Stock	4,000	\$ 26	D	Â
Employee Stock Option (right to buy)	Â (3)	02/16/2014	Common Stock	7,333	\$ 35.26	D	Â
Employee Stock Option (right to buy)	Â (4)	04/14/2015	Common Stock	9,400	\$ 38.47	D	Â
Employee Stock Option (right to buy)	Â (5)	02/27/2016	Common Stock	10,850	\$ 50.12	D	Â
Employee Stock Option (right to buy)	Â (6)	02/26/2017	Common Stock	9,000	\$ 62.8	D	Â
Employee Stock Option (right to buy)	Â (7)	02/25/2018	Common Stock	10,000	\$ 60.51	D	Â
Employee Stock Option (right to buy)	Â (8)	02/23/2019	Common Stock	15,000	\$ 23.3	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Carr Gwenn L 200 PARK AVENUE NEW YORK, NY 10166	Â	Â	Â SVP & Secretary	Â

Signatures

Gwenn L. Carr 03/10/2009
 **Signature of Date
 Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This amount represents 21,733 shares held in the Reporting Person's share deferral account which were acquired pursuant to the MetLife Deferred Compensation Plan for Officers and 4,040 shares directly held by the Reporting Person in registered form.
- (2) The option vested in three equal installments on February 18, 2004, 2005 and 2006. The number of shares represents the outstanding, unexercised portion of the option.
- (3) The option vested in three equal installments on February 17, 2005, 2006 and 2007. The number of shares represents the outstanding, unexercised portion of the option.
- (4) The option vested in three equal installments on April 15, 2006, 2007 and 2008.
- (5) The option vested in three equal installments on February 28, 2007, 2008 and 2009.
- (6) Two-Thirds (2/3) of this option is currently vested and exercisable. The remaining one-third (1/3) will become exercisable on February 27, 2010.
- (7) One-Third (1/3) of this option is currently vested and exercisable. The remaining two-thirds (2/3) will become exercisable on February 26, 2010 and 2011.

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(8) The option becomes exercisable in three equal installments on February 24, 2010, 2011, and 2012

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.

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