Edgar Filing: NATIONAL HEALTH INVESTORS INC - Form 4

NATIONAL HEALTH INVESTORS INC

Form 4 March 31, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * PASCOE KEVIN CARLTON			2. Issuer Name and Ticker or Trading Symbol NATIONAL HEALTH INVESTORS INC [NHI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 222 ROBERT	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/29/2016	Director 10% Owner Selection Other (specify below) EVP - Investments		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
MURFREESBORO, TN 37129				Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tabl	e I - Non-D	Derivative :	Securi	ties Acqu	iired, Disposed of	, or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of 6. Securities Ownership Beneficially Form: Direct Owned (D) or Following Indirect (I)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	03/29/2016		M	13,333	A	\$ 61.31	31,512	D	
Common Stock	03/29/2016		M	13,334	A	\$ 61.31	44,846	D	
Common Stock	03/29/2016		M	16,666	A	\$ 60.52	61,512	D	
Common Stock	03/29/2016		F	40,694	D	\$ 66.93	20,818	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Edgar Filing: NATIONAL HEALTH INVESTORS INC - Form 4

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	onDerivative Ex		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 61.31	03/29/2016		M		13,333	02/25/2015	02/25/2019	Common Stock	13,333
Stock Options (Right to Buy)	\$ 61.31	03/29/2016		M		13,334	02/25/2016	02/25/2019	Common Stock	13,334
Stock Options (Right to Buy)	\$ 60.52	03/29/2016		M		16,666	02/22/2016	02/22/2021	Common Stock	16,666
Stock Options (Right to Buy)	\$ 64.49						02/25/2015	02/25/2018	Common Stock	10,000
Stock Options (Right to Buy)	\$ 72.11						02/20/2015	02/20/2020	Common Stock	13,333
Stock Options (Right to Buy)	\$ 72.11						02/20/2016	02/20/2020	Common Stock	13,333
Stock Options (Right to Buy)	\$ 72.11						02/20/2017	02/20/2020	Common Stock	13,334

Edgar Filing: NATIONAL HEALTH INVESTORS INC - Form 4

Stock Options (Right to Buy)	\$ 60.52	02/22/2017	02/22/2021	Common Stock	16,666
Stock Options (Right to Buy)	\$ 60.52	02/22/2018	02/22/2021	Common Stock	16,668

Reporting Owners

MURFREESBORO, TN 37129

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
PASCOE KEVIN CARLTON							
222 ROBERT ROSE DRIVE			EVP - Investments				

Signatures

/s/Kevin C.
Pascoe

**Signature of Reporting Person

O3/31/2016

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).