

INGLES MARKETS INC  
Form 8-K  
December 12, 2006  
UNITED STATES

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934**

Date of Report (Date of Earliest Event Reported)                      December 12, 2006

INGLES MARKETS, INCORPORATED

(Exact name of registrant as specified in its charter)

North Carolina (State or other jurisdiction of incorporation)	0-14706 (Commission File Number)	56-0846267 (IRS Employer Identification Number)
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P.O. Box 6676, Asheville, NC (Address of principal executive offices)	28816 (Zip Code)
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Registrant's telephone number, including area code                      (828) 669-2941

N/A  
(Former name or former address, if changed since last report.)

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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### **Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers**

Effective December 6, 2006, the base salary of Robert P. Ingle, II, Vice President Operations and Chairman of the Board of Ingles Markets, Incorporated (the Company), was increased to \$390,000 per year. Effective December 6, 2006, the base salary of James W. Lanning, President and Chief Operating Officer of the Company, was increased to \$390,000 per year. Effective December 6, 2006, the base salary of Ronald B. Freeman, Vice President - Finance and Chief Financial Officer of the Company, was increased to \$225,000 per year. The increases in Messrs. Ingle's, Lanning's and Freeman's salaries were approved by the Audit/Compensation Committee of the Board of Directors.

### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

INGLES MARKETS, INCORPORATED  
(Registrant)

Date: December 12, 2006

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By: /s/ Ronald B. Freeman  
Ronald B. Freeman  
Chief Financial Officer

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