

HIBBETT SPORTING GOODS INC

Form 4

March 29, 2006

FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
ADAMS CHARLES W JR

2. Issuer Name **and** Ticker or Trading
Symbol
HIBBETT SPORTING GOODS INC
[HIBB]

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

(Last) (First) (Middle)
451 INDUSTRIAL LANE
(Street)

3. Date of Earliest Transaction
(Month/Day/Year)
03/29/2006

____ Director ____ 10% Owner
____X____ Officer (give title ____ Other (specify
below) below)
VP of IS and Distribution

BIRMINGHAM, AL 35211

4. If Amendment, Date Original
Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check
Applicable Line)
____X____ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, par value \$.01 per share	03/29/2006		M	3,038 A \$ 5.9 0		D	
Common Stock, par value \$.01 per share	03/29/2006		M	2,363 A \$ 6.55 0		D	
Common Stock, par value \$.01 per share	03/29/2006		M	2,363 A \$ 7.41 0		D	

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Common
Stock, par
value \$.01
per share

03/29/2006

S

7,764

D

\$ 32 0

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option, right to buy	\$ 5.9	03/29/2006		M	3,038	02/21/2002	02/21/2011	Common Stock	3,038
Employee Stock Option, right to buy	\$ 6.55	03/29/2006		M	2,363	02/26/2003	02/26/2012	Common Stock	2,363
Employee Stock Option, right to buy	\$ 7.41	03/29/2006		M	2,363	03/18/2004	03/18/2013	Common Stock	2,363

Reporting Owners

Reporting Owner Name / Address	Relationships
Director	10% Owner
	Officer
	Other
	VP of IS and Distribution

ADAMS CHARLES W JR
451 INDUSTRIAL LANE
BIRMINGHAM, AL 35211

Signatures

/s/ Charles W.
Adams, Jr.

03/29/2006

Signature of Reporting
Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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